

Desert Breeze Indoor & Outdoor Pool

8275 W. Spring Mountain Rd.

Las Vegas, NV 89117

(702) 455-7798

desertbreezaquatics@ClarkCountyNV.gov

Program Supervisor: Mickey Sprott



Indoor Pool Hours

Please note that for lap swim purposes the pool is always in the 25-yard configuration. The goal is to keep the water temperature at approximately 81 degrees, though the temperature range may vary from 79-83 degrees on a daily basis.

Lap Swim Hours:

Monday, Wednesday, Friday	5:30 a.m. – 8:00 p.m.**
Tuesday & Thursday	5:30 a.m. – 10:00 a.m., 3:00 p.m. – 9:00 p.m.**
Saturday	8:00 a.m. – 2:00 p.m.
Sunday	Closed

Limited Lanes available from 3:00 – 8:00 p.m.

Family Swim Hours:

Monday, Wednesday, Friday	Noon – 4:00 p.m.
Tuesday & Thursday	8:00 p.m. – 9:00 p.m.
Saturday	10:00 a.m. – 2:00 p.m.
Sunday	Closed

Shallow area not available outside of posted times

Office Hours

Monday, Wednesday, Friday	5:30 a.m. – 8:00 p.m.
Tuesday & Thursday	5:30 a.m. – 10:00 a.m., 3:00 p.m. – 9:00 p.m.
Saturday	8:00 a.m. – 2:00 p.m.
Sunday	Closed

Outdoor Water Park will be closed until May 2017

Indoor & Outdoor Daily Admission Fees

		Youth (3-17 yrs.) \$2.00 Adult (18-54 yrs.) \$3.00 Senior (55 + yrs.) \$1.00		
90-Day Individual Pass:			90-Day Family Pass:	
Youth (3—17 yrs) \$40	Adult (18—54 yrs) \$60	Senior (55 + yrs) \$20	Up to 4 family members residing in same household = \$100	Each additional family member (must reside in same household) = \$20
Annual Indoor Pool Individual Pass:			Annual Passes Indoor Pool Family Pass:	
Youth (3—17 yrs) \$120	Adult (18—54 yrs) \$180	Senior (55 + yrs) \$60	Up to 4 family members residing in same household = \$300	Each additional family member (must reside in same household) = \$40
Fit & Swim Individual Pass:				
90-Day: \$70			Annual: \$210	



YOUTH SWIMMING LESSONS

The department is proud to offer Clark County Learn-to-Swim classes. For information about what to expect during lessons or more details about each level, please refer to the swim lessons section of the program handbook available online at www.ClarkCountyNV.gov/Parks on the Aquatics main page.

Private Swim Lessons All Ages \$25 per half hour lesson

Clark County Aquatics is now offering private swim lessons with our highly qualified instructors! All lessons are tailored to meet the individual's needs and can be scheduled at the individual's convenience. Fee is \$25 per half hour lesson. For more information please see a staff member. Registration for private swim lessons is available in person only.

Water Introduction 6 mo. – 5 yrs. 4-week sessions / 30 minutes \$35/session

This class is designed for children ages 6 months to 5 years & an accompanying adult. *An adult MUST be in the water at all times during the first few classes.* Children that are ready will participate in the last few classes of the session without a parent in the water. Classes are 30 minutes in length, meet two times per week and are taught in shallow water. Instructor to participant ratio is 1:8. This class builds swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes during which children learn elementary skills such as water entry & exit, blowing bubbles, freestyle arm movement, backstroke arm movement, underwater exploration, flutter kicking & floating positions. Exit Skills needed to progress to next class are the ability to be comfortable in the water without a parent/guardian, ability to listen & take direction in a group setting, submerge face underwater and be comfortable in a front float position. After a child completes all required skills, he/she should be placed in Water Independence.

Water Independence 3 – 12 yrs. 4-week sessions / 30 minutes \$35/session

Students enrolled in this class should be between **3 to 12 years of age**. Classes are 30 minutes in length, meet twice per week & are taught in shallow water. Instructor to participant ratio is 1:6. Children must be comfortable being in the water without an adult, able to listen & take direction in a group setting, submerge face underwater & be comfortable in a front float position.

Skills taught in this class include: retrieving a submerged object, independent forward motion using arm & leg motions, independent use of a kickboard, and floating on front and back for 5 seconds and basic water safety skills. Exit skills needed to progress to the next class is ability to propel forward independently, front float, roll over to a back float and hold for 5 seconds and swim back to start. Instructor can help propel child back to start. The second exit skill is ability to propel forward on their back with minimal support. After a child completes all required skills, he/she should be placed in Stroke Introduction.

Stroke Introduction 3-14 yrs. 4-week sessions / 45 minutes \$35/session

Students enrolled should be between **3 to 14 years old**. Classes are 45 minutes in length meet two times per week and will be taught moving into progressively deeper water throughout the session. Instructor to participant ratio is 1:8. Children must demonstrate exit skills from Water Independence. (Propel forward on back with minimal support, front float, roll over to a back float and hold for 5 seconds and swim back to start, (instructor can help propel child back to start) as well as propel forward on back with minimal support.)

Skills taught in this class include: Backstroke, Elementary Backstroke, and Freestyle, learn all swimming kicks, deep water entries, treading water and basic water safety skills. Exit skills needed to progress to the next class is to swim 10 to 15 yards demonstrating Freestyle, Elementary Backstroke, Backstroke, and treading water for 30 seconds. After a child completes all required skills in this class he/she should be placed Advanced Stroke Development.

Advanced Stroke Development 3-14 yrs. 4-week sessions / 45 minutes \$35/session

Students enrolled should be between **3-14 years old**. Students must have passed Stroke Introduction or be competent in those skills. Classes are 45 minutes in length, meet two times per week and are taught in deep water. Instructor to participant ratio is 1:10. Children must demonstrate exit skills from Stroke Introduction (swim 10 to 15 yards demonstrating Freestyle, Elementary Backstroke, Backstroke, and treading water for 30 seconds).

Skills taught in this class include: refinement of Backstroke, Elementary Backstroke and Freestyle strokes. New skills will include: Breaststroke, Sidestroke, Butterfly, deep water kneeling and sitting dives, treading water for one minute and water safety skills. Exit skills needed to progress to the next class is to swim 10-15 yards demonstrating Freestyle, Elementary Backstroke, Backstroke, Breaststroke, Sidestroke and treading water for one minute. After a child completes all required skills he/she can be placed in Intro to Aquatics Sports.



CCPR Website



CCPR Mailing List



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Morning Lessons

Programming Pool			Session # 7
Class	Time	Day	Oct 31 st – Dec 1 st
Water Independence	8:00-8:30 a.m.	M,W	752102-00
Stroke Introduction	8:00-8:45 a.m.	M,W	7522103-00

Evening Lessons

Programming Pool			Session # 7
Class	Time	Day	Oct 31 st – Dec 1 st <i>No class on: Oct. 31st, Nov 20th - Nov 26th</i>
Water Introduction	5:00-5:30 p.m.	T, Th	752100-00
Water Independence <i>(No class Oct. 31st)</i>	4:00-4:30 p.m.	M,W	752102-01 (\$31)
		T, Th	752102-02
	5:00-5:30 p.m.	M,W	752102-03 (\$31)
	6:00-6:30 p.m.	M,W	752102-04 (\$31)
	7:00-7:30 p.m.	M,W	752102-05(\$31)
Stroke Introduction <i>(No class Oct. 31st)</i>	4:00-4:45 p.m.	M,W	752103-01 (\$31)
		T,Th	752103-02
	5:00-5:45 p.m.	M,W	752103-03 (\$31)
	6:00-6:45 p.m.	M,W	752103-04 (\$31)
	7:00-7:45 p.m.	M,W	752103-05 (\$31)
Advanced Stroke Development <i>(No class Oct. 31st)</i>	5:00-5:45 p.m.	M,W	752104-00 (\$31)
		T,Th	752104-01
	6:00-6:45 p.m.	M,W	752104-02 (\$31)

Saturday Lessons

Programming Pool			Session # 7 (4 weeks)
Class	Time	Day	November 5 th – December 3 rd <i>(No class Nov. 26th)</i>
Water Introduction	8:00-8:30 a.m.	Sat	752100-06 (\$17)
Water Independence	9:00-9:30 a.m.		752102-06 (\$17)
Stroke Introduction	9:00-9:45 a.m.		752103-06 (\$17)
Advanced Stroke Development	8:00-8:45 a.m.		752104-06 (\$17)

Adaptive Splash 5 – 17 yrs.

We offer an adaptive swim program for children with special needs

Beginning Adaptive – This class is designed to familiarize participants with special needs to the water. Participants will learn basic swimming skills, along with the fundamentals of water safety. All activities will be adapted to fit the needs of the participants. This class is offered in a group setting for swimmers with little or no experience in the water. The goal of this class is to build confidence in and around the water.

Advanced Adaptive – This class will help build and maintain physical fitness and strength for swimmers with special needs. Participants must be comfortable swimming in deep water. Participants will work on improving their swimming skills, along with increasing their knowledge of safety around the water. All activities will be adapted to fit the needs of the participants..



Adaptive Program – For Children & Young Adults		
Session 7 Nov 5th – Dec 3rd (No class Nov. 26th)	Time	Saturday
Beg. Adaptive	10:30-11:15 am	752106-00 (\$20)
Adv. Adaptive	11:30am-12:30pm	752106-01 (\$20)



Recreational Swim Team **6-17 yrs.** **4-week session / 1 hour** **\$30/session**
 This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice to develop strokes and improve personal times and skills. Emphasis is on personal improvement. Pre-requisite: Participants must be able to swim 25 yards of the pool independently using an over-arm stroke with rhythmic breathing. It is highly recommended that the participant complete Advanced Stroke Development Swim Lessons before enrolling. Program fee includes instructional practices and 1 swim meet.

Synchronized Swim Team **6-17 yrs.** **4-week session / 1 hour** **\$30/session**
 This is a recreational level synchronized swimming program that encourages teamwork and self-esteem. Participants will learn the fundamentals of synchronized swimming, which blends creative movement and dance in the water. Pre-requisite: participants must be able to swim 25 yards of the pool independently. It is highly recommended that the participant complete Advanced Stroke Development Swim Lessons before enrolling. Program fee includes instructional practices. There may be competition opportunities.

Intro Aquatic Sports **6-17 yrs.** **4-week session / 1 hour** **\$30/session**
 Students enrolled should be between **6-17 years old**. Students must have passed Advanced Stroke Development or be competent in those skills. Classes are 45 minutes in length, meet two times per week and taught in deep water. Instructor to participant ratio is 1:10. Children must demonstrate exit skills from Advanced Stroke Development (swim 10-15 yards demonstrating Freestyle, Elementary Backstroke, Backstroke, Breaststroke, Sidestroke and treading water for one minute). Skills taught in this class include: Butterfly refinement, swim team starts and/or diving board dives, flip turns, synchro sculling/synchro strokes, water polo eggbeater, safety skills will incorporate Jr. Lifeguarding and water safety skills.

Programming Pool			Session # 7
Class	Time	Day	Oct 31 st – Dec 1 st (Break Week Nov. 20-26 th)
Recreational Swim Team	7:00-8:00 p.m.	M,W	752108-00 (\$26) (NO class Oct. 31 st)
Synchronized Swimming	6:00-7:00 p.m.	T,TH	752108-02
Intro Aquatic Sports	6:00-6:45 p.m.	M,W	752105-05 (\$26) (NO class Oct. 31 st)





WATER AEROBICS



Water Aerobics Program 13 & older 5-week session / Length Varies Cost Varies or \$3 daily drop-in fee
 This class is designed for participants to actively move through the water using their whole body by doing jumping jacks, kicking, jogging, walking, abdominal work, and water weight toning. Participants should work at their own pace and let the instructor know of any problems. Ability to swim is not required.

High Endurance
 This class is designed for participants to get the maximum work out using in water exercises focusing on the arms, legs, abdomen and core, balance, toning and muscle strength and resistance. These exercises can be adapted to anyone, and participants should work at their own pace.

Low Endurance
 This class uses a variety of buoyancy equipment to tone and shape your muscles while building strength and cardiovascular endurance.

Programming Pool			Session # 7
Class	Time	Day	Oct 31 st – Dec 9 th (No class November 11th) (Break Week Nov. 20-26th)
High Endurance	9:00-10:00 am	M,W,F	752110-00 (\$28)
	8:00-9:00 am	T,TH	752110-02 (\$20)
Low Endurance	10:30-11:15 am	M,W,F	752110-01 (\$22)



ADULT & TEEN PROGRAMMING

Adult/Teen Beginner Swim Lessons 13 & older 4-week sessions / 45 minutes \$35/session
 All adult swim lessons are designed to meet the participant's personal goals. Instructors work with each participant to overcome apprehension and work on basic skills such as floating, swimming underwater and basic stroke development.

Adult/Teen Intermediate/Advanced Swim Lessons 13 & older 4-week sessions / 45 minutes \$35/session
 Designed for adults and teens with basic water experience such as floating, swimming underwater and basic stroke development. Instructors will work with each participant on stroke work including front & back crawl, breaststroke and butterfly.

Masters Swim 18 & older Ongoing \$3/Day or \$60/90 Day Pass
 Masters Swim is conducted Monday - Friday 5:30 a.m.-7:00 a.m. and consists of lap lane swimming with instruction for recreational and competitive adult swimmers. Masters Swim helps participants keep in shape, improve strokes or prepare for triathlons and other competitions. Participants must try out during first practice. All levels are welcome in the Fall, at which time no try-outs are necessary. Masters swim passes can be used during Masters Swim practices only and cannot be used for lap swim. Sorry, there is no senior rate available. Coach: Victor Hecker.

Programming Pool			Session # 7
Class	Time	Day	Oct 31 st – Dec 1 st (Break Week Nov. 20-26th)
Beginner Adult	12:00-12:45 p.m.	M,W	752107-00
	7:00-7:45 p.m.	T,TH	752107-01
Inter./Adv Adult	12:00-12:45 p.m.	M,W	752107-02
	7:00-7:45 p.m.	T,TH	752107-03

Registration Information

Clark County Parks and Recreation offers three different options for registration. Please see the dates below.

For Weekday Swim Lessons and Youth Programming

Session 7: October 31st – December 1st

For Saturday Programming

Not offered this session

For Water Aerobics

Session 7: October 31st – December 9th



Registration Dates for Session 7

Mail-in registration can be postmarked beginning: October 6th, 2016

Online registration begins at 7:00 am: October 8th, 2016

Walk-in registration begins: October 10th, 2016

Send mail-in registration for Desert Breeze Pool to Desert Breeze Aquatics at 8275 W. Spring Mountain Rd., Las Vegas, NV 89117.

Mail-in registration does not guarantee a position in the program; online registration allows participants to secure a position in programs with availability immediately. <http://www.ClarkCountyNV.gov/parks>

Rental Information

Looking for a great place to celebrate your next birthday, family reunion or special event? The indoor competition pool is available for private rentals.



*October 27th (special event) **Close at 3pm**

*October 28th (Nevada Day Holiday) **CLOSED**

*November 11th (Veteran's Day holiday) **CLOSED**

*November 24th – 27th (Thanksgiving) **CLOSED**

*December 10th-11th **CLOSED**

*December 26th (Christmas) **CLOSED**

*January 2nd (New Year's) **CLOSED**

**Please note that pool hours/days of operation are subject to change/closure for inclement weather, special events and unforeseeable events.*





CERTIFICATION CLASSES

Clark County Training Classes and Employment

Clark County Parks and Recreation is currently recruiting Lifeguards and WSIs for fall 2016! Individuals interested in employment must have current certifications and be 15 ½ years old or older. Certification training is offered at a discount if you are willing to sign and employment contract to work for Clark County for the 2016 summer season. Applications are available online at www.clarkcountynv.gov/depts./parks. Clark County is an Equal Opportunity Employer.

Registration

You may sign up at any Clark County Community Center for the classes listed below or sign up online at www.clarkcountynv.gov/parks

Wait List

If the class you are interested in is full please ask to be added to the Wait List. All participants on wait list should attend the first class ready to swim and be ready to participate in case of no shows; phone calls will NOT be made to remind you to attend. If you are admitted into the class, you must pay in full that day.

Lifeguard Training Course

Course fee is \$70 for those who are eligible (must be 15½ by June 1st) to sign an employment contract with Clark County, \$175 for others. Must be at least 15 years old to enroll in class. Lifeguard Training Class curriculum includes lifesaving skills, CPR for the Professional Rescuer, Automated External Defibrillator and Emergency First Aid. Pre-requisite skills include: 300-yard continuous swim, a retrieval of weighted object from 7-10 feet of water and treading water with no hands for 2 minutes. Pre-registration required. All classes must be attended to successfully complete the course.

	Dates	Times & Days	Location	Registration #
1	September 24, 25, October 1 & 2	Saturday and Sunday 9:00am-5:30 pm	Desert Breeze	662113.00
3	September 23,24,25,26	Friday 3:00-9:00 p.m., Saturday & Sunday 10:00-6:30 p.m., Monday 3:00-9:00 p.m.	Hollywood	662113.01
4	December 2 ,3, 4, 5	Friday 3:00-9:00pm Saturday & Sunday 9:00am-5:00pm, Monday 3:00-9:00PM	Desert Breeze	762113.00
5	December 19,20,21,22	Monday, Tuesday, Wednesday 10:00-6:30 p.m., Thursday 10:00-1:30 p.m.	Hollywood	762113.01