

Moapa Recreation Center  
1340 East Highway 168  
(702) 864-2423  
Monday – Thursday 9 am – 7:30 pm  
Gail Lindsay  
Falls Classes  
Starting in Sept. 8<sup>th</sup> 2016

**Open Activities:**

Fit Club

Monday – Thursday 9am – 10:30 Adult Free  
Participants will increase their heart rate by walking and performing other cardio exercises.

After school arts and crafts

Tuesday & Thursday 3:30 – 4:30 pm 5-12 Free

Men's Basketball

Tuesday & Thursday 5pm – 7:30pm Adult(16 and up) Free

Aerobic Dance

Monday & Wednesday 4:00 – 5:30 p Adult (16 and Up) Free

Open Gym

Monday, Wednesday 5pm – 7pm Free  
This program provides fun recreational activities for families and adults.

**Programs:**

Obstacle/Relay class

Monday 10:30 – 11:15 a 3-5 \$30 per 6 week session  
A class for kids 3-5 years old, running, jumping, dance movement and more.

1 Fish, 2 Fish

Monday and Wednesday 9:30 – 10:00 am 3- 4 \$30 per 6 week session  
This program is a fun story time and craft class

The Cat in the Hat

Mondays and Wednesday 11:30 – 1:00 pm 4-5 \$35 per 6 week session  
This program is a fun story time and craft class

Tiny Tot Brain Games

Thursday 9:30-10:30 am 1-5 years olds Free  
A fun interaction time with children and Parents

