



# Paradise Recreation Center

## Seniors February



4775 MCLEOD DR, Las Vegas, NV 89121  
702-455-7513 [www.clarkcountynv.gov/parks](http://www.clarkcountynv.gov/parks)

### IMPORTANT DATES

Seniors are able to sign up for activities on the Last OPEN Monday of the month for the upcoming Month - **Sign-ups for February are on January 29th**

### **Register Early!**

Programs are on a first come - first served basis. If you register at the last minute you may find that there are no more spaces available, or conversely that the activity has been cancelled. (At some point, a decision must be made whether or not to cancel a program due to lack of participation/registration.)

### **CENTER CLOSURES** **February 19<sup>th</sup>**



Come join us for walking Wednesdays in the gym. It gives you a chance to socialize with your friends while you're getting a work out.

## Senior Classes & Activities

Seniorcize*	Mon/Wed/Fridays	10:00 am - 11:00am	50 & Up	\$3/month
Silver Slippers	Tues & Thurs	10:00 am - 11:00 am	50 & Up	\$3/month
Card Room	Mon/Wed/Fridays	10:30 am - 5:00 pm	50 & Up	FREE
Line Dancing	Fridays	10:30 am - 11:30 am	50 & Up	\$5/month
Pickle ball	Tues & Thurs	8:00 am - 10:00 am	50 & Up	\$2 drop in
Pickle ball	Fridays	11:00 am -1:30pm	50 & Up	\$2 drop in
Scrabble	Tuesdays	9:00 am - 2:30 pm	50 & Up	FREE
Wii Bowling	Tues & Thurs	11:00 am - 12:00 pm	50 & Up	FREE
Walking Wednesday's	Wednesdays	11:30 am - 12:30 pm	50 & Up	FREE

Senior pass- The senior pass is a *new* pass that includes seniorcize, card room, pickle ball, fitness room, computer lab, and senior line dance. \$40 per year

FEBRUARY (ALL FIELD TRIPS ARE SUBJECT TO CHANGE)

CANCELLATION POLICY, MUST GIVE 24 HOURS NOTICE TO RECEIVE A CREDIT.

\*CENTER CLOSED ON THE 19TH - PRESIDENTS DAY

5<sup>th</sup>-Biogenetics- Free cancer screening 11:00am- 2:00P

15TH: HIKING RED ROCK CANYON - SUBJECT TO WEATHER (COST \$3.00 VAN). We will be leaving the center at 9:00AM and heading towards Red Rock Canyon. There are some really nice hikes that have a great view. Will stop at the Visitors Center where you can see the history of the canyon. We will be bringing our lunch. We will be returning around 3:00PM. REMEMBER TO BRING WATER, SUN SCREEN, HAT CAMERA, WALKING STICK IF YOU WANT, SUNGLASSES, LUNCH AND GOOD WALKING SHOES. PLEASE MAKE SURE YOU ARE PHYSICALLY ABLE TO HIKE. (DEADLINE FOR REGISTRATION IS FEB. 12TH.)

21ST: SUPPER CLUB - AMLEES RESTAURANT (COST \$3.00 FIELD TRIP AND DINNER). We will share Chinese New Year's at Amlees. They have a wide variety of various Chinese foods. We will leave the center at 4:30PM and returning around 7:30PM. (DEADLINE FOR REGISTRATION IS FEB. 16TH)

28<sup>TH</sup>: DESERT SPRINGS HOSPITAL - FREE blood pressure screening. 9:00am-10:00am