Important Omni Camp Information

Please read this information immediately to help prepare your child for a great camp experience.

Registration Packet

Includes the following forms and information:

- Map/directions
- Packing list
- Commonly asked questions

(The following forms must be completed, signed and returned by June 1, 2009:)

- Medical / Physical Form
- Camp Policies

Mail forms to: CCPR Resident Camps, 4701 N. Durango, Las Vegas, NV 89129.

Omni Camp: July 26-31,2009

Now in it's 18th year, Omni Camp is for children ages 8-12. During this popular camp, children will participate in interactive classes in the sciences, arts, and outdoor experiential education. This year we will give campers an opportunity to experience our High-ropes Challenge course. Campers will also enjoy traditional camp activities such as hiking, campfires, skits, and games. A brief slide show, featuring camp classes and activities, will be presented in the Dining Hall On July 31st. Camp faculty will be available to talk to you about the science classes. *(Classes are subject to change-The slide show will be repeated continuously)*

Arrival & Departure

Check-in: Sunday, July 26, 2009 between 2:00 PM and 3:30 PM.

Parents/guardians must provide transportation to and from camp. (See enclosed map.)

Please do not arrive early, since we will be busy preparing for the exciting week ahead. The camp becomes very congested during arrival and departure, so please drive carefully and park in designated areas. Camp staff will be on site to assist you. Also, your pets should be left at home, as they are not allowed in camp.

Departure: Friday, July 31, 2009 at 6:00 PM

Please make sure to pick up your child's medications from the nurse, who will be set up in the Dining Hall. Campers will only be released to the people you have listed as parents/guardians or authorized escorts/emergency contacts on the Camp Application Form.

If it is necessary for your child to depart early, please notify camp staff in advance.

Challenge Course

Challenge Course Participant Information Form: Complete & return the 3 page form by or before June 1. This form is in your packet and must be turned in before camp, in order to participate. Mail it to: CCPR Resident Camps, 4701 N. Durango, Las Vegas NV 89129.

This year Omni camp participants will have an opportunity to participate in an introduction to our High Ropes Challenge Course. These activities include safety instruction, warm-ups, group initiatives and games, along with low and high course elements. Participation is completely voluntary and non-competitive. Highly trained staff, maintenance of state-of-the-art-equipment, and strict safety standards safeguard participants against possible injury. The actual Challenge Course is constructed of pole structures that support elevated cables, pulleys, platforms, ropes, beams and a climbing wall. Participants on high course elements wear a safety harness and helmet, and they are supported from the ground with a belay safety system.

Success on the challenge course is not determined by speed or physical skill, but rather by the extent to which a participant is willing to personally challenge themselves to try something new.

In addition, group initiatives provide opportunities for team building, problem solving and leadership. Many of our On the Edge Camp teens have listed the Challenge Course as the highlight of their week at camp. We are excited to offer an intro to this program to our Omni campers!

What to Bring & What to Leave

Clothing: Refer to the enclosed packing list to make sure your child brings all the necessary items. Be sure to pack enough clothes for the entire week. There are no laundry facilities at camp and campers will not be allowed to borrow from each other. Evenings and mornings at camp can be chilly, please remember to pack a jacket, sweatshirt, and long pants. Please label all items with the camper's name. **Dinner dress for campers (and staff) is theme oriented (Halloween night, PJ night, Superhero night, Hat night…*(participation is optional)*. Awards given for: original, creative, etc…** **Valuables:** Valuable items, such as expensive jewelry, cell phones and cameras, should be left at home. We do not have a camp store, so please do not send money with your child. Personal music or game devices are not allowed at camp. We will not be responsible if anything is broken or stolen. **Food:** All meals and snacks are provided by a professional catering service. **Food is not allowed in the cabins**, so please do not send candy, gum or snacks with your child. If your child has food allergies or requires a special diet, please notify us prior to camp.

Envelopes & stamps: Many campers enjoy writing letters home to their family. Please send pre-addressed envelopes & stamps with your child, if you think they may want to send a letter.

Contacting Your Child

Phone: Parents are asked not to call your child, except in an emergency. Likewise, we have found it easier for campers to adjust by not allowing them to call home. If your child is ill or having any kind of difficulty we will contact you. Should an emergency arise, you can call the camp at 872-7083. There is an answering machine that is checked daily for messages.

Mail: If you would like to send your child a letter, you can email them during the week of camp or mail a letter to the following address. We suggest you mail it early, as mail service is slow on the mountain. The camp address is: **Camp Lee Canyon – Omni Camp**
Att: (your child's name)
HCR 38 Box 550
Las Vegas, NV 89124

Email: The following email address will be checked daily during the week of camp. Camper emails will be printed by camp staff and distributed to the appropriate camper. In the email subject include your child's name. Please send text only, no attachments/photos/ecards. Email may be viewed by camp staff, so keep that in mind when composing your message.
Email address: **CampLee@co.clark.nv.us**

Medical Information

There will be a Registered Nurse in residence at camp who should be able to handle most medical situations. If your child has a medical condition that requires special attention, please contact us prior to camp at 455-1905 so that we can notify the nurse. You will also meet with the nurse during check-in at camp.

Emergency Medical/Physical Form: This form is included in your packet. It should be completed and returned by June 1. This form must be completed by the parent/guardian and a physician. A physical exam and proof of current immunizations are required. Please contact us at 455-1905 if you do not have a regular physician or access to health insurance. The Clinic on Wheels will provide assistance with the physical/immunization requirement.

All medications must be written on the Medical Release Form including such items as Tylenol, vitamins, inhalers, Tums, etc. It is imperative that all medications, both prescription and over the counter, be in their original containers, labeled with your child's name. The nurse cannot dispense over-the-counter medicine, such as Tylenol or Pepto Bismol, unless you have provided it for your child and listed it on this form.

Altitude Sickness: The elevation at camp is 8,000 feet, which may cause headaches due to altitude sickness during the first days of camp. We recommend drinking plenty of water for several days before camp and while at camp to help prevent the effects of altitude sickness.

Cabin Assignments & Learning Groups

Cabin assignments and Learning Groups will be given out when campers arrive on Sunday.

Cabin assignments: A maximum of 18 campers will be assigned to 2 counselors in each cabin. Boys and girls have separate sleeping quarters. Every effort will be made to accommodate roommate requests; however, cabin assignments are determined by age.

Learning groups: Learning groups are co-ed and are assigned by age. Each day the campers will attend 5 classes, taught by our excellent faculty, within their Learning Group.

If you have questions or concerns: *Call 455-1905*

Clark County Parks & Recreation
2009 RESIDENT CAMP POLICIES

Our goal is to provide a safe, healthy and positive camp environment for all campers to learn and have fun. Please review and sign these policies with your child before camp. It is important that both parents and campers be aware of the following policies:

1. Participants should be respectful of staff and other participants at all times.
2. Parents are asked not to call children at camp except in case of an emergency. Campers are not allowed to call home or friends, etc. If your child is ill or unhappy, parents will be contacted.
3. Absolutely no alcohol is allowed in camp.
4. Smoking and illegal drug use are prohibited.
5. Absolutely no weapons or fireworks are allowed in camp. These include but are not limited to: knives of any kind, b-b guns, boomerangs, etc.
6. Food, gum and candy are not allowed in the cabins. Please do not send these items with the camper. (Special dietary items will be stored in the Dining Hall.)
7. All medications, including over the counter drugs must be turned in to the nurse at check-in.
8. If the camp nurse determines that a camper's acute health status warrants further medical attention or observation, the parent/guardian/emergency contact will be required to pick up the camper within 4 hours of notification. If the health status improves, the camper will be allowed to return to camp after 24 hours.
9. Dress Code:
   - Spiked jewelry, wallet chains, chain belts, bandanas and all gang identifying clothing is prohibited
   - All sleeveless shirts must have straps at least 2 inches wide. Strapless, low-cut, bare midriff or see-through shirts will not be allowed. All shirts should extend below belt level.
   - Pants must be worn on hips; sagging is prohibited. Undergarments should not be exposed.
   - Skirts and shorts should be fingertip length or longer.
   - Participant clothing may not have printed statements or pictures that are vulgar, obscene, related to sex, the use of drugs, alcohol, tobacco products or promote hate of violence.
   - Shoes should be closed toed, sturdy, comfortable and appropriate for hiking

Discipline Guidelines

In the event that a camper is not following camp policies/misbehaving, a four-step disciplinary process will be utilized*. (Some examples of misbehavior include but are not limited to: disruption of an activity/class, use of profanity, inappropriate touching, disrespect for other campers/staff, fighting, and use of illegal drugs)

1. First offense: staff will talk to the camper and explain what the problem is and suggest appropriate ways to solve it.
2. If the undesirable behavior continues, a time-out will be given and the staff member will document the situation.
3. If the problem continues, the counselor will talk with the Camp Director to assess the situation. Another time-out will be given, with the possibility of loss of privileges for a longer specified time.
4. If the camper does not respond to the first 3 steps, the Director may phone parents and discuss discipline options, including, but not limited to, sending the camper home. In the event that a camper is sent home, there will be no refunds.

   ** In a situation involving a more serious infraction or illegal activity (ex: illegal substances, possession of weapons, endangering others, etc.), the Director may move directly to Step #4. In matters of illegal activity authorities will be contacted in addition to parents.*

Camper's belongings may be subject to search. If this is deemed necessary, every effort will be made to contact parents/guardians first.

Thank you for assisting us in providing an environment in which all children may enjoy the camp experience.

Camper Signature	**Date**	**Parent/Guardian Signature**	**Date**

Clark County Parks and Recreation

Camp Lee Canyon Resident Camps

2009 MEDICAL AND PHYSICAL FORM

This entire form must be completed and signed by both parent/guardian and licensed physician.

IN ORDER FOR CAMPER TO PARTICIPATE IN CAMP THIS FORM MUST BE RETURNED TO CLARK COUNTY PARKS & RECREATION BY JUNE 1, 2009

The information on this form is not part of the camper acceptance process, but is gathered to assist us in identifying appropriate care.

Required signatures:

- Parent/guardian signatures required at the end of Section 1 and Section 3
- Physician signature/information required on Section 3, Page 3.

Section 1: Camper Demographics/ Insurance Information:

Camper Name: _____ Sex: _____ Birth date:_____ Age: _____

Home address: _____ City: _____ State: _____ Zip: _____

Parent/guardian: _____ Phone: _____

Insurance Company: _____ Policy Number: _____Expiration: _____

In the event that I cannot be reached in an emergency, I hereby authorize Clark County personnel to secure proper treatment for my child, including but not limited to: injections, X-rays, anesthesia, surgery and hospitalization. By granting this authorization, I further agree to indemnify and hold harmless Clark County, its employees and agents from any damage, illness or death resulting from participation in the Camp Lee Canyon Camp. I also agree to the release of any records necessary for insurance purposes or medical treatment.

Parent Signature: _____**Date**:_____

Section 2: Camper Health Information:

Has/does the participant:	Yes	No	if yes please explain*
1. Had any recent injury, illness or infectious disease?.....	____	____	_____
2. Have a medically prescribed meal plan or dietary restrictions?	____	____	_____
3. Have a chronic or recurring illness/condition?.....	____	____	_____
4. Have frequent headaches?.....	____	____	_____
5. Ever had a head injury/been knocked unconscious?.....	____	____	_____
6. Ever had frequent ear infections?.....	____	____	_____
7. Ever passed out/been dizzy during or after exercise?.....	____	____	_____
8. Ever had a seizure?.....	____	____	_____
9. Ever had high blood pressure/diagnosed heart murmur?.....	____	____	_____
10. Ever had an orthopedic or back problem?.....	____	____	_____
11. Have diabetes?.....	____	____	_____
12. Have asthma?.....	____	____	_____
13. Have seasonal/environmental allergies?.....	____	____	_____
14. Had problems with diarrhea/constipation?.....	____	____	_____
15. Have problems with sleep walking?.....	____	____	_____
16. Have a history of bed-wetting?.....	____	____	_____
17. Ever had an eating disorder?.....	____	____	_____
18. Ever had emotional difficulties for which professional help was sought?.....	____	____	_____

** Please attach extra page if necessary*

Section 3: Camper Medication Information:

Medications and Authorization to Assist with Administration

Please list ALL medications (including over-the-counter medications, nonprescription drugs and vitamins) taken routinely. Parent/guardian must send enough medication to last the entire time at camp. ALL medications must be turned into the camp nurse **IN THE ORIGINAL CONTAINER** (with the prescribing doctor and administration orders if a prescription) at the time of check in. Medications without the original container/prescription WILL NOT BE ACCEPTED (this includes inhalers).

MEDICATION	Rx or OTC (circle one)		DOSE	FREQUENCY	TIME(S)	ROUTE
	Rx	OTC				
	Rx	OTC				
	Rx	OTC				
	Rx	OTC				
	Rx	OTC				
	Rx	OTC				

Special administration instructions:

_____

*Medication that is not listed above and reviewed by camp health personnel prior to camp, but is needed at the time of camp, MUST be accompanied by a doctor's prescription. This includes over-the-counter medication.

Clark County Parks & Recreation has standing doctor's orders for age appropriate administration of acetaminophen (Tylenol) & Pepto-Bismol.

I hereby authorize administration of the above medication(s) to my child/dependant while they are at a Camp Lee Canyon Resident Camp. I understand that Clark County and its employees and agents will not be held liable for any injury to my child or any other camper caused by any medication that is not surrendered to the camp medical staff at the time of check in.

Parent/Guardian Signature: _____ **Date:** _____

_____ Please initial here if you DO NOT want your child to receive Tylenol or Pepto Bismol per standing orders.

THIS PAGE TO BE COMPLETED BY PHYSICIAN

Physical Examination:

Examination	Normal/ Results	Abnormal Findings	Explain
Appearance			
Height			
Weight			
Temperature			
Heart Rate			
Blood Pressure			
Eyes/Ears/ Nose/Throat			
Lymph Nodes			
Teeth			
Lungs			
Heart			
Abdomen			
Skin			
Posture			
Range of Motion			

1.Participant cleared for activities while at Camp Lee Canyon which is situated at an elevation of 8,500 ft. Activities may include hiking, running, climbing or dancing: **YES / NO**

Activity restrictions: _____

2. Immunizations are up to date for age per Clark County Health District Regulations: **YES / NO***

3. I have reviewed pages 1,2,3 of this form and concur with parent/guardian's requested medications and description of health status: **YES / NO**

Name of physician (print/type): _____ **Phone:**_____

_____ _____

Physician Signature **Date**

* *Immunizations must be up to date for age per Clark County Health Department regulations unless participant is exempt due to medical or religious reasons.*

CLARK COUNTY PARKS AND RECREATION
CAMP LEE CANYON CHALLENGE COURSE
PARTICIPANT INFORMATION FORM & LIABILITY RELEASE

DISCLOSURE:

The challenge course involves a variety of activities including warm-ups, games, group initiatives, low and high course elements, and other rigorous physical activities in a wooded, outdoor, 8,500 feet altitude setting. The level of participation during each activity is completely voluntary. Highly trained staff, maintenance of state-of-the-art equipment, and strict safety standards safeguard all participants and facilitators against possible injury. As with any program of this type, there is a risk that must be assumed by each participant that he/she may suffer an emotional or physical injury or disability.

MEDICAL INFORMATION (information to be completed by parent or guardian if participant is under 18 years of age):

Please answer all information thoroughly and honestly. This information is important for your safety, and will not be used as a screening process to exclude you from the program. Certain health/medical information must be made known to the facilitator(s) conducting the program so that they will be prepared to respond appropriately if the need arises. Participant or parent (if child is under 18 years of age) will be responsible for knowing their medical condition and whether it will prohibit them from safely participating in any challenge course activities. Under certain circumstances, a medical release from your physician may be required. This information will be kept confidential unless needed in an emergency situation.

1. Participant Name (print) _____
   Social Security # _____

2. Do you have health/accident insurance? _____ Yes _____No
   If yes, name if insured and what company?
   _____
   Policy # _____

3. Do you have limiting physical disabilities or handicaps (temporary or permanent)?
   _____Yes _____No (If yes, identify and explain)
   _____
   _____
   _____
   _____

4. Check any of the following that have been a part of your health history (give approximate dates):

allergy reactions	_____	arthritis	_____
autism	_____	back condition	_____
balance problems	_____	bowel/bladder control problems	_____
development disability	_____	head injury	_____
diabetes	_____	hemophilia	_____
heart disease/defect	_____	mental illness	_____
lung disease	_____	seizures	_____
mental retardation	_____	other:_____	
stroke	_____		

specify other health concerns:
_____
_____
_____
_____

5. Are you currently taking medication (prescribed or otherwise)?
_____Yes _____No (If yes, state what you are taking and what condition it's for.)
_____
_____
_____
_____

6. Do you have any allergic reactions to medications, insect bites or any other medical limitations? _____Yes _____No
_____
_____

7. Person to notify in case of emergency:
Name: _____
Address: _____
Phone: home - _____ work - _____ cellular - _____
pager - _____

INFORMED CONSENT:

I, _____, on behalf of myself or my minor child _____, understand that part of the Lee Canyon Challenge Course may be physically or emotionally demanding. I affirm my health is good and that I am not under a physician's care for any undisclosed condition that might endanger my health or the health of other participants.

I recognize the inherent risk of injury or disability, even death in Challenge Course activities. It is further understood that unforeseen circumstances may arise for which Clark County, Nevada shall not be held responsible.

The undersigned acknowledges that they have read the Challenge course checklist provided by Clark County Parks & Community Services, and accept full responsibility for the result of inadequate clothing or equipment and for clothing and equipment which I fail to provide.

WAIVER OF LIABILITY:

I hereby voluntarily assume and accept all personal responsibility for my or my child's behavior, and for all risk of injury, illness, disease or death, and release any rights or claims for damages and agree to indemnify, defend, and hold harmless CLARK COUNTY, its faculty, agents, and all individuals assisting in facilitating and conducting these activities, from all liability of any nature for any and all injuries, loss or damage suffered at, or in any way connected to participation in this program. This does not preclude SIIS claims from Clark County and other government employees.

My signature below will also indicate that I have been informed about the nature of Challenge Course activities, and I will participate in only those activities that are within my abilities and limitations. I have read, understood and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding hereafter.

EMERGENCY MEDICAL RELEASE (parents/guardian only):
In the event that I cannot be reached in an emergency, I hereby authorize Clark County personnel to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child.

Signed this _____ Day of _____, 20__.

Participant Signature: _____ **Age _____**

Witness: _____

Parent/Guardian Name (print):

_____

Parent/Guardian Signature: (If participant is under 18 years of age)

_____

RESIDENT CAMP PACKING LIST

The following is a suggested personal supply list for camp. Campers are asked to bring clothing appropriate for the active, physical nature of the camp. Remember this is a six-day overnight camp, no laundry facilities are available. Please include enough clothes for six days. Mark all personal belongings with camper's name. Please do not bring expensive cameras, jewelry, cell phones, binoculars, electronic games, tape/cd players or other valuables. Pocket knives or weapons of any kind are not allowed.

ABSOLUTELY NO FOOD, GUM OR CANDY WILL BE ALLOWED IN THE CABINS, THIS WILL BE STRICTLY ENFORCED. (Special dietary items will be stored in the Dining Hall.)

REQUIRED ITEMS: Please refer to dress code on back of this page.

- ☐ Jacket
- ☐ Sweater or sweatshirt
- ☐ Enough clothes for six days (refer to camp dress code when selecting clothing):
  - underwear
  - pants & shorts
  - socks
  - t-shirts - short & long sleeved
- ☐ Shoes (two pair of closed toed, sturdy, comfortable hiking boots or tennis shoes)
- ☐ Shower shoes
- ☐ Pillow case or laundry bag for dirty laundry (*****please no trash bags)
- ☐ Hat
- ☐ Pajamas / robe (knit sweat suits are great to sleep in)
- ☐ Warm sleeping bag or sheets & warm blankets
- ☐ Pillow
- ☐ Comb/brush
- ☐ Toothbrush and toothpaste
- ☐ Towel(s) and washcloth(s)
- ☐ Shampoo/conditioner
- ☐ Soap
- ☐ Lip Balm/Chapstick, sun screen, body lotion, deodorant, foot powder
- ☐ Clothes for the dance (Edge Camp only)
- ☐ Backpack / fanny pack
- ☐ Rain gear (poncho or rain jacket)
- ☐ Flashlight
- ☐ Refillable water bottle
- ☐ *If required - prescription medication / asthma inhaler (in original containers, labeled with child's name)
- ☐ Over the counter medication that your child might require such as: headache, allergy and upset stomach medicine in the original container, labeled with your child's name. (altitude adjustment often causes headaches) *The nurse will not administer any medication that you do not provide. All medication will be turned in to the nurse at check-in.
- ☐ Sunglasses

Optional Items

Swim suit for boys if they're uncomfortable in open showers / book / disposable camera/ Reading light / stationery & pre-addressed, stamped envelopes for letter writing

Clark County Parks and Recreation

Commonly Asked Questions About Resident Camps

How old should my child be before I send them to an overnight camp?

You should actually look at a number of factors:

*****Have they spent the night away from home successfully prior to this experience?

*****Are they clingy at night - do they often have bad dreams or wake up frequently?

*****Do they want to go to camp, or do they express fear and concern over going away?

We have set preliminary age guidelines for camp; however, some children are ready for camp at age four and some not until they are ten or eleven years old.

Camper Housing

Between 16 -18 campers are assigned to each dormitory-style cabin. Each cabin group has two counselors. The cabins have bunk beds. Restroom/shower facility is in a different building. Boys & girls stay in separate cabins, and cabins are assigned by age.

What happens if my child gets homesick?

Homesickness is a very common reaction for children, and probably over half of our campers will feel some degree of homesickness! Sometimes these feelings are magnified for a child who isn't feeling well or is overly tired. If it's a feeling that comes and goes, or only affects the camper for a short period of time, some extra attention from their camp counselor will probably take care of it. However, if the homesickness feelings continue and interfere with the camper's ability to enjoy the camp experience, we will go through a three-step process:

1. Counselors, trained on how to deal with homesickness, will begin by talking with the camper, encouraging him/her to stick it out, reminding them of all the fun activities still to come.
2. If the feelings continue, the counselor will bring the camper to our Camp Director or the Nurse who will continue to try to help the child work out the feelings of homesickness.
3. The last resort is to have the Camp Director contact the child's parents or guardians. Sometimes a call to home can solve the problem, but not always. At this point, the parents and the Camp Director will work out the best solution for the individual child. (It is our hope that the camper will stay, however only if it is in his or her best interest.)

What if my child gets ill or injured while at camp?

We have a Registered Nurse on site during all camp sessions. In the event that a camper becomes ill or injured, the nurse will assess the situation based on the following:

- Can the child be treated at camp?
- Do the parents need to pick up their child and possibly seek further treatment?
- Does the child need to be transported to a hospital by EMS?
- Is the child contagious?

If the camp medical staff determines that a camper's acute health status warrants further medical attention or observation, the parent/guardian will be required to pick up the camper. A responsible adult must be available for camper pick-up within 4 hours of notification. If the health status improves, the camper will be allowed to return to camp after 24 hours.

Remember to turn in all prescription and over-the-counter medication to the nurse during check-in at camp. All medication should be in its <u>original</u> container, labeled with your child's name. The nurse can only give medication that you have provided for your child.

Do I need to send any money up to camp with my child?

No. The camp does not have a store. A professional caterer provides three full meals a day and a snack. The camp t-shirt is also included in the camp fee, so there is no reason to send money. Also, please do not send jewelry or other expensive items that might be lost. **(More information on back)**

Who are the camp staff?
Resident camp staff include a camp director, Registered Nurse, camp supervisor, counselors and teaching faculty (Arts & Omni). All staff must pass a criminal background check.

Can I call my child or visit them at camp?
We don't recommend it, since it can contribute to homesickness in your child and even in other campers. If a parent calls or requests a visit, we will allow it. If the child is ill or having difficulty adjusting to camp, the Camp Director or Nurse will contact a parent/guardian.

Can I drop off my child after the check-in time or pick them up early?
Yes, but please notify us in advance.

Are there any discounts for families who send more than one child?
We are unable to provide these discounts, since the camp fees collected are used to cover all camp costs.

Can my child stay in the same cabin with their friends?
There is a place on the application to list a roommate preference. We try to accommodate roommate requests, however cabins are assigned by age.

Why is it necessary for my child to have a physical exam and up-to-date immunizations?
It is a common practice for resident camps to have these requirements, in order to protect your child and others from the spread of contagious disease. Please contact us in advance if you need assistance. We can provide you with locations/times for low and no cost clinics. Remember the medical release/exam form must be signed by a physician and returned to us by June 1, 2009.
Mail form to: CCPR Resident Camps, 4701 N. Durango, Las Vegas, NV 89129.

Meals
Meals are served buffet style by a professional catering service. Vegetarian options are available. If your child has a special diet or food allergy, please notify us in advance. Counselors supervise campers during meals and observe to make sure they are eating properly.

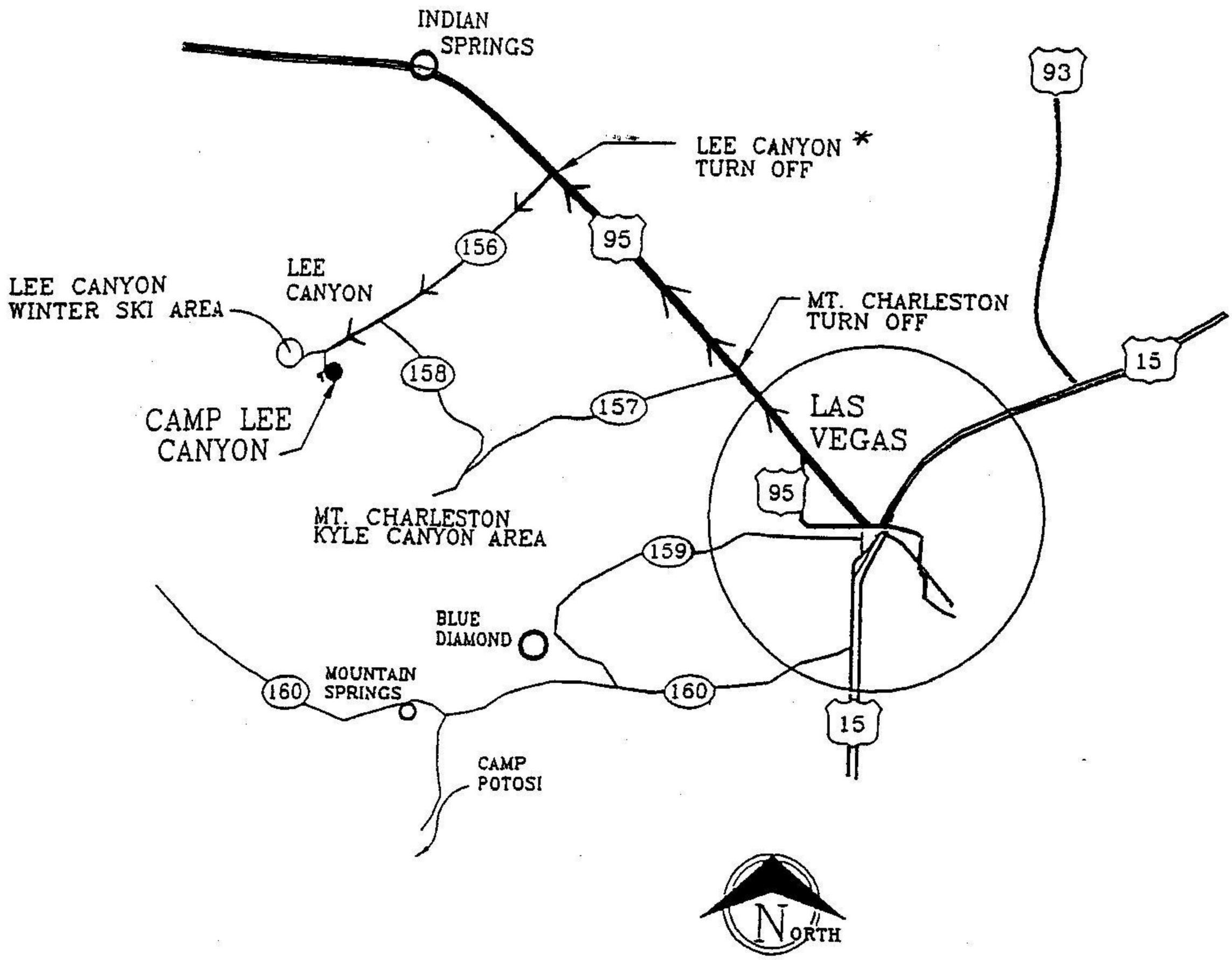
What do they do at camp?
Omni Camp: Campers attend five 50-minute classes each day, Monday-Friday. They attend classes in coed learning groups with children their age. (Approx. 18 campers in each group.) The classes are interactive with minimal lecture. In the afternoons and evenings, campers participate in traditional camp activities such as hikes, crafts, games, skits and campfires. Classes may include:

On the Edge Camp: The schedule is different each day for this camp. Teens participate in outdoor recreation activities such as mountain biking, high/low ropes challenge course, orienteering and survival skills, hiking, archery, crafts, games and a one-night camp out in tents. (Tents are provided.) This camp also includes a dance on Thursday evening. Dress for the dance is casual.

What if my child or I have more questions?
Please contact the Mountain Crest staff at 455-1905. We will be more than happy to answer any questions you have. Sending your child to camp for a week is a big decision, and we want to make it as easy as possible for your family.

Directions to Camp Lee Canyon: **Camp Phone: (702) 872-7083**

Allow at least one hour of travel time from the Las Vegas area. Camp Lee Canyon is located on Route 156, about 45 miles northwest of Las Vegas at an elevation of over 8,000 feet. There are no gas stations or convenience stores on Mt. Charleston, so it is best to fill up before driving up the mountain. In the summer months, it is also a good idea to bring drinking water in case your car breaks down. There is no cellular phone service in the camp area.

To get to Camp Lee Canyon, travel north along US 95 about 30 miles from Las Vegas. You will pass the turn off for Mt. Charleston/Kyle Canyon (Route 157). Keep going on US 95. Turn west (left) at the Lee Canyon turn off (Route 156). Stay on Route 156 for approximately 15 miles. On this road you will be climbing in elevation from 3,000 feet to 8,000 feet. (This part of the drive can cause overheating in older cars, so watch your temperature gauge. Turning off your air conditioner may help lower your engine temperature.)

As you travel up Lee Canyon Road (Route 156), you will pass the turn off for Route 158 and you will also pass the road for Camp Foxtail and the meadow play area. Stay on Route 156. Once you have passed those landmarks – you're almost there! The entrance to Camp Lee Canyon is on the left side of the road. The camp is set back off the road, but it is marked with a sign. Turn left into the camp, just before the McWilliams campground and the Lee Canyon ski area.