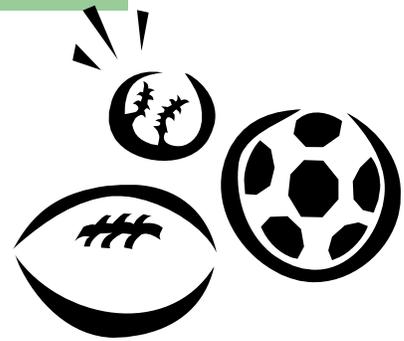




# Athletic Adventures



## Daily Schedule

8:00 am - 9:00 am  
Check-in and Free Time  
in the Gym

9:00 am - 12:30 pm  
Sport Specific activities/games

12:30–1:00 Lunch  
1:00–2:00 Team Building  
2:00–3:00 Swim/Gym

3:00–3:30 Game Room  
3:30–4:00 Gym/Pick up

## WHAT TO BRING

- Lunch and Snacks
- Water
- Sunscreen/Swimsuit/Towel
- Proper Clothing and Shoes\*

\*For the daily activities participants should have proper athletic shoes and clothes available.

## Weekly Field Trips

There may be one field trip each week. A parent waiver must be filled out, signed and returned each week in order for your teen to go on the trip.

## About the Program

“Athletic Adventures” is a program designed to provide interesting and fun athletic activities for Teens ages 13-17 during their summer break. The program meets every Monday, Wednesday, and Friday of each week. Each day, the group will participate in sports related activities. A weekly schedule is available that will inform participants of the itinerary and what they need to bring or wear in order to be prepared for each day. Registrations will be **May 17th** for Mail in and **May 21st** for Walk ins.

## Activities

During the summer participants will have an opportunity to play and participate in various athletic activities. From week to week we will introduce new activities and take field trips to a sport specific venue to more familiarize us with that activity. The summer program is open to all skill and ability levels. We aim to keep the teens active and to promote recreational, team building and social activities. **Sign-in/Sign-out Procedures:** Your Teen may sign-in themselves in the morning. However, your Teen may only sign-out themselves in the afternoon if you provide written permission to do so on their participant information card. If no written permission exists, then a parent or guardian, with photo identification card must come inside to sign-out your Teen. **All participants must be picked up by 4:00pm.**



## Behavior

Every participant is expected to have good behavior during the entire time they are in the program—including at the center, in the van, or on a field trip. Good behavior is required to maintain the safety of all participants and staff. A few examples of poor behavior that will not be tolerated are: inappropriate language or gestures, rough housing or fighting, disobeying program rules, and/or disrespecting or disobeying program or Staff. Behavior problems will be dealt with on an individual basis depending on their severity. If your Teen receives three (3) minor behavior reports, then he or she will not be allowed to continue attending the program. More severe behavior problems—such as fighting—may result in immediate suspension from the program.



## Registration, Payment, and Refunds

Payment must be made at time of registration. An optional payment plan is available if you are registering for more than two consecutive weeks. If you are registering for more than two consecutive weeks, payment for the first two weeks will reserve the remaining consecutive weeks for you. The remaining payments will be due by 4:00 pm each Wednesday for the upcoming week. Your spot will not be held if payment is not received by the deadline. This payment plan is only available for consecutive weeks. If there are breaks in the consecutive weeks, you must pay an additional two weeks to reserve the remaining weeks. Refunds will be issued if notification is given by the close of business on the Wednesday PRIOR to the week for which the refund is being requested.