



# CAMP SILVER PINES





# Camp Silver Pines ❖ September 16, 17, 18 2015



If you are an active adult age 50 or above, then you will want to investigate all that Camp Silver Pines has to offer. Once you decide to attend camp, completed registration form and bring to the nearest Community Center along with the \$125.00 fee between July 1st –July 31st. \$140.00 fee if registered after July 31st. After we receive this, you will be contacted with further information to finalize your trip to Camp Silver Pines!

## DON'T MISS OUT...

### Lodging



The camp is located on Mt. Charleston in beautiful Lee Canyon. Campers will stay in rustic cabins with traditional camp beds and a large community bathroom located nearby.

### Activities



A variety of activities will be offered to ensure there is something for everyone! Each day will be packed with a combination of group functions and times for individual learning and relaxation.

Following is a small sampling of the fun and exciting sessions that have been offered in the past: Disc Golf, Yoga, Dutch Oven Cooking, Qigong, Tai Chi, Low Ropes Course, High Ropes Challenge Course, Crafts, Jam Making, Wood Carving, Special guests, and MUCH, MUCH MORE!

Evenings have special programming, which may include entertainment and dancing.

Ample opportunities for personal exploration and skill building exist for all participants. In addition, free time is available for hiking, games, or simply reading a book in the fresh mountain air.

Details about this year's activities will follow once your registration form and fee is received.

### Meals



Campers will meet in the dining hall for meals and snacks. A sample menu would be:

- Breakfast: Pancakes, sausage, toast, fresh fruit
- Lunch: Grilled cheese sandwich, tomato soup
- Dinner: Baked chicken, potatoes, vegetable, dessert
- Snack: Veggie tray and dip, fruit

### Ropes Challenge Course



Have you every felt like climbing a telephone pole? Maybe not in the past, but through participating in the team building and confidence building courses, you may just change your mind! Do not miss this unique opportunity to grow and expand your emotional and physical health! The Challenge Course offers group assignments; trust building exercises, balance and coordination enhancement activities, and the physical component of utilizing the actual ropes structure.

This life-changing, unforgettable experience is voluntary, and trained facilitators work alongside you to assure your safety at all times. If you are looking for something daring and want to push yourself to new heights (literally), if you're into discovering a new outlook on life, the Challenge Course may what you need. Please check the appropriate box on the registration form to show your interest in participating, and further information will be sent to you.

### Transportation



For your convenience, transportation will be provided to Camp Lee Canyon. Pickup sites will include West Flamingo and Cora Coleman . Participants are also welcome to drive their own vehicles to the camp.

### Medical

Camp Silver Pines will have an EMT on site at all times. All participants will need to complete a medical release form prior to attending the camp.



### All-Included in the Cost!

## Registration Information

Registration begins Monday, July 1st at your newest community center. Registrations can also be mailed to Mountain Crest 4701 N. Durango Las Vegas, NV 89129. Please make checks or money orders payable to: Clark County Parks and Recreation (CCPR).

For more information and/or questions, please call 455-7792 or 455-7617.

Once the completed registration forms and payment are received, all participants will receive more detailed information regarding all activities and passenger pick up times. Space is limited, please do not wait...Register NOW!

# Register now!



## Registration Form

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Day Telephone: \_\_\_\_\_ Evening Telephone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Telephone: \_\_\_\_\_

Roommate Preference (if possible): \_\_\_\_\_

Shirt size (circle one):    Medium    Large    X-Large    XX-Large

**Are you interested in participating in the Ropes Challenge Course (circle one):    YES    NO**

Please complete waiver form below for Clark County . Thank You!

### CLARK COUNTY LIABILITY WAIVER

I, \_\_\_\_\_, acting on behalf of myself, do expressly and forever waive and release Clark County, Nevada, Clark County Department of Parks and Recreation and all liability for personal injuries or damages sustained, incurred or arising from participation in the Clark County Department of Parks and Recreation sponsored Lee Canyon Senior Camp.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

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MAIL TO:

**CCPR MISSION:**  
We help to create community through people, parks, and programs.

**CCPR VISION:**  
A leader in partnering to create a harmonious, healthy, and sustainable community where people live, work and play together.

**CLARK COUNTY PARKS & RECREATION**  
MOUNTAIN CREST  
4701 N. DURANGO  
LAS VEGAS, NV 89129



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AWARD-WINNING



# CAMP SILVER PINES

September 16, 17 & 18, 2015  
A 3-day camp especially designed  
for active adults age 50+