

Parkdale Recreation & Senior Center
3200 Ferndale Street Las Vegas NV 89121
(702) 455-7517

SUMMER FUN! If you're looking for something to fill your summer calendar check out Parkdale Recreation & Senior Center. Parkdale has a wide variety of recreation areas including; fitness room with cardio and strength equipment, gymnasium, transverse climbing wall, computer lab, game room with billiard, foosball and ping-pong, water park, playground, and outdoor grass areas with picnic tables. A variety of programs are offered for all ages. Seniors can participate in exercise classes, field trips, cards, quilting, painting, wood carving and Wii bowling. Adults can participate in billiards, ping pong, exercise classes, and open gym. Youth can participate in summer day camp, open recreation, music lessons, sports classes, sports leagues and much more. Stop by and check us out Monday through Friday from 8:00 a.m. to 6:00 p.m. Please note Clark County Parks & Recreation offers a Scholarship Program to individuals and families who meet qualifications. The Scholarship provides a 50% discount for a variety of classes and programs. Please contact the Center for qualification and application information.

Check out these upcoming classes and events!

Basketball League: Youth League & Teen League. Join the fun while learning skills and playing in league games. League will meet on Tuesdays and Thursdays from June 9 through July 30. Youth League will play from 3:30-4:00 p.m. and the Teen League will play from 4:00-4:30 p.m. Fee is \$15 per participant.

Circuit Training: Challenge yourself with this fast paced class that combines resistance, cardio, balance and plyometric exercises. Class is designed for adults (ages 16-17 may attend with a registered adult) and seniors. Offered on Fridays from 7:15-8:00 a.m. from July 10 through July 31 (additional sessions will be offered in August). Fee is \$12 per participant.

Day Camp: No School, No Plans, No Problem – Parkdale has the activity for you. Youth ages 6-12 years are encouraged to join Parkdale Summer Day Camp. Camp meets Monday through Friday from 7:00 a.m. to 6:00 p.m. Camp runs June 8 through August 21. Daily activities include; arts and crafts, board games, billiards, foosball, ping-pong, transverse wall climbing, sports, outdoor play, video games, team challenges, swimming, and free time. Special events and field trips will also be offered. Fee is \$18 per day or \$85 per week (special events and field trips may have additional fees).

Open Gym for Adults & Teens: Bring your friends down to the Center to play some pick-up games. Activities include; badminton, basketball, dodgeball, pickleball, and volleyball. Pay the drop-in fee of \$2 each visit or purchase a monthly pass for \$10. Please contact the Center at (702) 455-7517 for schedule information. Please note: During Adult times no youth are admitted to the gym. Participating youth must attend during designated times and must have a waiver signed by parent or guardian before participating.

Yoga: This exercise class is both invigorating and relaxing for participants of all levels. Learn deep stretching, balancing, and breathing exercises to strengthen participants both physically and mentally. Class is designed for adults (ages 16-17 may attend with a registered adult) and seniors. Offered on Thursdays from 7:15-8:00 a.m. from June 4 through June 25 (additional sessions will be offered in July and August). Fee is \$12 per participant.