



HIGHLIGHTS

SENIORS UNITED – SEPTEMBER 2011



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Mark your calendars for **Wednesday, September 14, 2011 at 12:00 noon.** This meeting will be held at the **Clark County Library** located at **1401 E Flamingo Road.** Our speakers will be Cam Camburn from the Cleveland Clinic Lou Ruvo Center for Brain Health, and Carol O'Hare, Executive Director and Lynn Stilley, CEO of the Nevada Council on Problem Gambling. Please read on the inside of this issue what important information they will be sharing. A special thank you to our lunch sponsor, John Bonaventura, Constable for City of Las Vegas.

SENIORS UNITED AND ITS BOARD WE WOULD LIKE TO EXPRESS A SINCERE *THANK YOU* TO HUMANA FOR THEIR GENEROUS ASSISTANCE IN COVERING THE COST OF PRINTING AND MAILING OF OUR "HIGHLIGHTS" NEWSLETTER EVERY MONTH. THANK YOU ALSO TO DIXON KELLER AND RON WILLIAMS FOR THEIR SUPPORT OF THIS ORGANIZATION.



Our next meeting is scheduled for **Wednesday, October 12, 2011.** This meeting will be held at the Clark County Library at 12:00 noon. Our speakers will be David Karel from the David Karel Group and Venicia Considine, attorney at the Legal Aid Center of Southern Nevada.

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Cam Camburn is a volunteer with the Cleveland Clinic Lou Ruvo Center for Brain Health. He is caring and concerned about making the community aware of the programs and services that the center provides, especially for caregivers. He will cover such things as:

- Caring for a loved one with memory loss
- Talk about the social service and education programs available free to caregivers
- Learn of other resources available at the Cleveland Clinic Lou Ruvo Center for Brain Health
- Participate in research – our focus on caregivers and families affirm that neurocognitive disorders impact not just the patient but everyone involved in care and support

What is Problem Gambling?

For most people gambling is a harmless form of entertainment, but for some, gambling can become an obsession with serious financial and emotional consequences. Problem gambling is not the result of poor money management – it is a progressive mental health disorder, much like alcoholism or drug addiction.

CONCERNS ABOUT OLDER ADULTS AND PROBLEM GAMBLING

Gambling is a popular activity for people of many ages and seniors are no exception. But for older adults, gambling can be very risky business. Seniors begin to gamble for different reasons than the rest of the population and special factors put them at risk to be seriously impacted by problem gambling.

Signs of Senior Problem Gambling

- Loss of interest in normal activities with friends and family
- Blocks of time or money unaccounted for
- Changes in attitude and personality
- Missing possessions or assets
- Neglect of personal needs, i.e. food, utilities, medical, etc.
- Secrecy and avoidance or anger when questioned about time and money
- Decline in physical health

If you or someone you know is experiencing these warning signs, or is just concerned about their gambling, help is available. Call the 24 hr. **Problem Gamblers HelpLine at 1-800-522-4700** for confidential information and assistance.

Let's give our guests a warm welcome to our organization.

Humana's Spotlight Senior Expo will be held on **Friday, September 23, 2011** at the **Heritage Park Senior Facility, 300 S. Racetrack Road** in Henderson. The Expo will be from **9:00 a.m. to 1:00 p.m.** There will be over 70 valuable resources and various health screenings there. For more information, go to the website www.spotlightsenior services.com/lasvegas.

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HONORABLE BARBARA BUCKLEY

SENIORS UNITED CREED

ESTABLISHED BY JULIAN AND LILIAN WALLACE

Seniors United was Created as an inspirational medium for seniors. Its purpose is to educate, promote and protect the rights of seniors. The needs of seniors differ from younger citizens. It is important to have an organization devoted to our place in the community and to promote its continued growth.

The members of Seniors United want to share experiences with others.

Nonpartisan and nonsectarian, we are very actively involved in the political structure of our state and country.

Forums are varied to benefit the needs of the community and to discuss political issues. Guest speakers come from all areas.

It is with pride that we are seniors and are doubly proud to be members of Seniors United.

The pride continues in our many accomplishments and in the good name we have established in the community.

Our goal is to develop plans for a great tomorrow and to make it happen.

Everyone is welcome, young to old and from every walk of life.

Any of our members interested in walking to help with the Alzheimer's Association in October? We are trying to get a Seniors United team together to show our support for finding ways to assist our residents in fighting this disease. Please talk to Jerry Johnson if you are interested.

SENIORS UNITED MEANS SENIOR POWER

A monthly publication of Seniors United. A nonprofit organization serving thousands of Senior Citizens.

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Call Doris Balducci for more information about dues at 732-4366 or email at dmbalducci@yahoo.com. Thank you.

Message from Lee Drizin:

We are looking for seniors who have recently purchased and/or sold a home for our next Real Estate Roundtable on Sept. 22 (Note: "Recent" – can be as far back as a year ago). The senior(s) would be part of a panel that would be asked questions by various real estate agents regarding how the purchase/sale of their home went, what could the agent have done better, and etc. We are able to provide transportation if needed and a free HCPOA for volunteering their time. If interested, please call Sherise at the Law Office of Lee Drizin 798-4955.

Learn How to Take Health Care into Your Own Hands

By Jerry Johnson

It is with high esteem that getting invited to the White House ignites but getting a Special Tour in the West Wing solidifies the reality. As the representative of Seniors United, I made sure to vocalize the needs, concerns and desires of the Seniors in Nevada.

I want to share what I consider critical information and websites that you should put in a secure place where you can easily find it and access it. The overarching focus of the Office of Public Engagement is to ensure the public is well-informed about government policies and programs and how they can utilize these resources. Also to make sure they are hearing from the public about how government policies and programs can serve them better.

Having the chance to interact directly with the Senior White House Staff on senior issues such as Medicare, Social Security and the Elder Protective Act were my primary concerns. The Patient Protection & Affordable Care Act also known as (PPACA) main theme is for Health Promotion & Disease Prevention through evidenced based programs. There will be additional rollouts of the various aspects of the law including development of Health Insurance Exchanges and Information Technology. To learn more about a Pre-Existing Condition, Free Preventative Services, Medicare prescription drug coverage gap, and that most young adults can stay on their parent's family plan until they turn 26, married or financially independent, as well as insurance companies are prohibited from capping the dollar amount of care you can receive in a lifetime....Visit www.pcip.gov

Also <http://finder.healthcare.gov> as well as www.Health/care.gov today.

Making informed decisions about your future, like knowing what benefits are available under this new law and how to plan for gaps with Medicare & Medicare Gap/Supplement programs will help seniors continue to live independently with meaningful and dignified lives.

Seniors United
1155 East Twain Suite #108-177
Las Vegas, NV 89169

Seniors United – APPLICATION FOR MEMBERSHIP

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_____ \$10.00 per year per person (expiration date is one year from application date)

_____ \$15.00 per year per couple

_____ \$150.00 per year Corporate Member

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