

THE ROYAL NEWS

presented by:

Senior Advocate Program

A division of Clark County Social Service

Las Vegas, NV

455-7051

Oh, the summer night
Has a smile of light
And she sits on a sapphire
throne

- Barry Cornwall



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Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time

- John Lubbock

Clark County Social Service

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MEDICARE

Extra Help Paying Medicare Costs !

If you are on Medicare and have limited income and resources there are assistance programs that may help you save money on your prescription drug costs. One program is (MIPPA) Medicare Improvements for Patients and Providers Act (also known as the Low Income Subsidy), which assists Medicare beneficiaries with payment of Medicare Part D prescription drug costs, plan premiums, and deductibles.

To be eligible for the assistance, one must have Medicare Part A and/or Medicare Part B. Beneficiaries, if single cannot have income that is more than \$16,335 annually or have assets worth more than \$12,640. Married beneficiaries cannot have income that is more than \$22,065 annually or have assets worth more than \$25,260.

The following programs and websites are able to provide assistance in applying for the Low Income Subsidy:

Clark County Senior Advocate Program: 702-455-7051 - RAGE: 702-333-1038

www.benefitscheckup.org/MIPPA - www.nvaging.net

Other assistance with Medicare costs is available through Medicare Savings Programs:

QMB - Qualified Medicare Beneficiary (Pays Part A and B premiums along with other cost-sharing and Part D premiums and deductibles)

SLMB - Specified Low-Income Medicare Beneficiary (Pays Part B and D premiums and deductibles)

QI1 - Qualified Individual (Pays Part B and D premiums and deductibles)

Income and Resource Allowances

| Full Medicaid: | QMB: | SLMB: | QI1: |
|-----------------------|---------------------|-------------------|---------------------|
| <i>Income</i> | | | |
| Single (\$710.40) | Single (\$907.50) | Single (\$1,089) | Single (\$1,225.13) |
| Couple (\$1,085.46) | Couple (\$1,225.83) | Couple (\$1,471) | Couple (\$1,654.83) |
| <i>Resources</i> | | | |
| Single (\$2,000) | Single (\$6,680) | Single (\$6,680) | Single (\$6,680) |
| Couple (\$3,000) | Couple (\$10,020) | Couple (\$10,020) | Couple (\$10,020) |

SENIOR EMPLOYMENT INFO

If you are a senior with some extra time on your hands, the following opportunities may assist you in earning some extra income while helping others experience a better quality of life:



Catholic Charities Foster Grandparent Program -

Low-income senior volunteers age 55 and older provide special needs children with intergenerational relationships. Volunteers receive a non-taxable, non-reportable stipend.

Catholic Charities Senior Companion Program - Low-income senior volunteers age 55 and older provide services such as grocery shopping, running errands, transportation, companionship, and more to frail, homebound seniors. Volunteers receive a non-taxable, non-reportable stipend.

Please call Catholic Charities Senior Corp Program Services at 702-382-0721 for more information on these programs.

Seniors Helping Seniors - This in-home services program is always looking for seniors who can assist them in providing compassionate and loving care to other seniors in need. The program helps seniors remain in their homes longer and have a sense of independence by providing essential homemaker services, home maintenance, personal care, companionship, transportation and more.



If you are interested in adding joy, energy, and purpose to the lives of others please call Seniors Helping Seniors at 702-367-7743.



Summer has set in with its usual severity
- Samuel Taylor Coleridge

Yes, the summer heat can be very severe and cause many health problems, especially for the senior population. Seniors may experience heat exhaustion, cramps, stroke or sudden dizziness. That's why it's important to stay cool and hydrated by drinking plenty of water!

Get Active! & Stay Cool!

Beat the summer heat and stay fit at the same time by enjoying one of Clark County Parks & Recreation's indoor pools. The following senior centers have adult activity pools which offer programs such as adult swim and water aerobic classes. The pools are also available during open swim times for those who just want to enjoy the water.



Cora Coleman Senior Center - 2100 Bonnie Lane, Las Vegas, NV 89156
702-455-2120

West Flamingo Senior Center - 6255 W. Flamingo Road, Las Vegas, NV 89103
702-455-4192

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