



PARADISE RECREATION CENTER

4775 MCLEOD DRIVE, LAS VEGAS, NV

(702) 455-7513

MONDAY-FRIDAY: 7:00AM-7:00PM

SATURDAY AND SUNDAY: CLOSED

together**for**better

Paradise Recreation Center has a variety of leisure classes and opportunities for your personal interests. Please feel free to attend our quarterly Senior Meeting to provide your ideas and input on what we plan for you! Remember to register early! Registering at the last minute may mean that the class has already been cancelled due to low enrollment. Visit the front desk or call us at 702-455-7513 for more information about programs.

Online Registration can be found at:
www.ClarkCountyNV.Gov/ParksRegistration

HOLIDAY CLOSURE

MON., MAY 26TH - MEMORIAL DAY

THURS., JUNE 19TH - JUNETEENTH

FRI., JULY 4TH - INDEPENDENCE DAY

PROGRAMMING

CARDS WITH FRIENDS

Play, socialize, and make new friends!

Day Time
M/W /F 8:00 AM-3:00 PM

Cost: Free!

SCRABBLE CLUB

Enjoy casual word play with a welcoming and friendly group.

Day Time
Tues 8:00 AM-3:00 PM

Cost: Free!



ANNUAL PASS IS COMING BACK!

Starting **June 1, 2025** we will offer a **6 month pass** to access all exercise classes with an * for \$40. Effective January 2026, an annual pass will be available for all exercise classes with an * for \$75.

HEALTH & FITNESS

YOGA

Slowly move through moves to build strength and flexibility and discover our inner stillness.

Day Time Cost
Tues 12:00 PM-1:15 PM \$10



SENIOR NEWSLETTER

SUMMER 2025

REGISTRATION INFORMATION

MAY PROGRAMMING - Thursday, April 17

JUNE PROGRAMMING - Thursday, May 15

JULY PROGRAMMING - Friday, June 20

AUGUST PROGRAMMING - Thursday, July 17

Anyone requiring special accommodations must request them on registration day. All meals and souvenirs are on your own. All registration will occur with the Paradise Recreation Center's Front Desk.

RESTORATIVE CHAIR YOGA AND MEDITATION *

Encourages physical, mental, and emotional relaxation.

THIS CLASS WILL END MAY 28 UNTIL FALL

Day Time Cost
Wed 11:30 AM-12:30 PM \$5

MUSIC AND MOVEMENT *

Music and Movement include a mix of guided dance and improvised movement activities.

Day Time Cost
T/TH 10:00 AM-11:00 AM \$5

CARDIO AND PUMP *

A low intensity workout combines cardio, strength, and flexibility, all modified to a seated position.

Day Time Cost
M/W/F 9:00 AM-10:00 AM \$5

PICKLEBALL

Stay active and social. Pickleball offers an approach to age & skill-based novice games for ages 18+, fostering a vibrant community.

Day Time
T/TH 7:00 AM-10:00 AM

SENIOR MEETING

Quarterly meetings to plan future activities and events.

All suggestions welcome! Snacks provided.

Please register on June 20, 2025

July 17, 2025

10:00 AM - 10:30 AM

FIELD TRIPS

Advanced registration, in person, is required. Registration is on a first come first serve basis. All field trips have a \$2 transportation fee due at time of registration. Trips are non refundable. Additional fees may apply. **Please arrive 15 minutes before departure time. Departure from Paradise may vary 10 to 15 minutes.**

MAY FIELD TRIPS

SIGHTS & BITES:

FASHION SHOW MALL

EXPLORE STYLE AND FLAVOR AT SITES AND BIGHTS IN FASHION SHOW, WITH DIVERSE SHOPPING AND TASTY FOOD COURT OPTIONS.

Day **Time**

Tues May 06 11:00am-1:00pm

Cost

\$2 - Fee + Spending Money

SUPER SUMMER THEATRE: JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

EXPERIENCE AN UNFORGETTABLE EVENING UNDER THE STARS AT SUPER SUMMER THEATRE, WHERE YOU CAN ENJOY A DELIGHTFUL PICNIC AND SPECTACULAR PERFORMANCE OF JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT.

Day **Time**

Fri May 30 5:30pm-10:30pm

Cost

\$27.50 - Fee (Must purchase tickets on **May 1** at Paradise) + Spending Money

JUNE FIELD TRIPS

SUMMER SPLASH

MAKE A SPLASH THIS SUMMER AT HOLLYWOOD AQUATICS, WHERE VIP ACCESS LETS YOU RELAX IN STYLE WHILE FLOATING ALONG THE REFRESHING LAZY RIVER.

Day **Time**

Wed June 04 07:30am-10:30am

Cost

\$2 - Fee

SIGHTS & BITES:

IKEA HOME FURNITURE

ENJOY A UNIQUE EXPERIENCE AT SITES AND BITES IN IKEA, WHERE YOU CAN SHOP FOR STYLISH HOME ESSENTIALS AND INDULGE IN DELICIOUS TREATS AT THE ICONIC FOOD COURT.

Day **Time**

Tues June 24 11:00am-1:00pm

Cost

\$2 - Fee + Spending Money

JULY FIELD TRIPS

SUMMER SPLASH Needs at least 5 participants

DIVE INTO THE ULTIMATE SUMMER SPLASH AT HOLLYWOOD AQUATICS, WHERE VIP ACCESS LETS YOU UNWIND WITH EXCLUSIVE PERKS AS YOU FLOAT ALONG THE SERENE LAZY RIVER.

Day **Time**

Wed July 02 07:30am-10:30am

Cost

\$2 Fee

BELLAGIO CONSERVATORY: SUMMER

IMMERSE YOURSELF IN THE ENCHANTING BELLAGIO CONSERVATORY AT THE BELLAGIO, WHERE THE SUMMER INSTALLATION TRANSFORMS THE SPACE INTO A BREATHTAKING CELEBRATION OF NATURE'S BEAUTY WITH VIBRANT FLORAL DISPLAYS AND ARTISTIC DESIGNS.

Day **Time**

Wed July 16 11:00am-1:00pm

Cost

\$2 - Fee + Spending Money

AUGUST FIELD TRIPS

SUMMER SPLASH Needs at least 5 participants

SOAK UP THE FUN AT HOLLYWOOD AQUATICS' SUMMER SPLASH, WHERE VIP ACCESS LETS YOU DRIFT IN LUXURY ALONG THE SERENE LAZY RIVER.

Day **Time**

Wed Aug 06 07:30am-10:30am

Cost

\$2 - Fee

SAVE THE DATE

BBQ AND BLUES

Savor the rich flavors at the Blues and BBQ Luncheon, where mouthwatering barbecue takes center stage for a truly enjoyable experience.

Thursday, August 21, 2025