# WELCOME TO PISTRICT B Newsletter

**December 2025 Edition** 

Dear Residents,

Thank you for taking the time to stay engaged in District B. I want to apologize for skipping November, but time just got away from us. In this issue you will see some stuff from October just to share some fun from District B. With the holidays just around the corner I want to say thank you to everyone that is helping others in the community. From checking on your neighbor to donating a toy for an organization, all of these activities make a difference, and I appreciate it.

While we don't have an official roll with CCSD we partner where we can. Education is important for all families. I hope you find the information about preschool milestones and student success helpful.

In this issue, we hope that you will explore the resources from the Southern Nevada Health District about immunizations. They offer a lot of great services for low cost or free, depending on your income.

Please let us know if there are any specific topics that you would like to hear about.

Marilyn

## UPCOMING EVENTS

#### **December**

December 9

Grinchmas Holiday Party Bob Price Rec. Center 3:00 - 5:30 PM

#### **December 11**

Preschoolers with Santa Overton, Logandale Fairgrounds 11:00 AM - 1:00 PM

#### December 13

Grinchmas Party at the Y Sky View YMCA (Registration Required) 11:30 AM - 1:30 PM

#### December 16

Grinchmas Holiday Party Manch Elementary School 5:00 - 8:00 PM

However you Celebrate,



FROM DISTRICT B



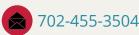






District B









October was a busy month full of activities and opportunities to get out of the office and spend some time with our District B seniors as part of our quarterly Lunch & Learn series.



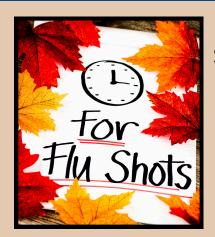


If you are worried you are being scammed, or have questions, you can find more tips at: <a href="https://consumer.ftc.gov/articles/how-avoid-scam#signs">https://consumer.ftc.gov/articles/how-avoid-scam#signs</a>









It's Flu season. Have you gotten your immunization updates? Southern Nevada Health District has immunizations available for Flu, RSV, Covid 19 and Pneumonia.

For more information or appointments, contact the Southern Nevada Health District here:

www.southernnevadahealthdistrict.org/community-healthcenter/immunization-clinic/ or Call (702) 759-0850.

#### **SNHD Clinic locations:**

Main Public Health Center – 280 S. Decatur Blvd., Las Vegas
East Las Vegas Public Health Center – 2950 E. Bonanza Rd., Las Vegas
Henderson Public Health Center – 220 E. Horizon Dr., Suites A & C, Henderson
Mesquite Public Health Center – 150 N. Yucca St., Suites 3 & 4, Mesquite

## Looking out for You

November is American
Diabetes Month.
Diabetes is the leading cause of kidney failure, lower-limb amputations, and blindness.

People with diabetes are also at greater risk of serious complications from flu and COVID-19.

For more information about Diabetes, visit SNHD here:

https://www.southernnevadahealthdistr ict.org/Health-Topics/diabetes/



#### Who Should Get Screened

- Adults age 35 or older.
- Adults who are overweight or have obesity.
- Anyone who has been previously diagnosed with prediabetes.
- Anyone who may be at risk for diabetes should follow up with a healthcare provider.

A listing of low-cost clinics that offer diabetes testing and treatment is available at <u>Low-Cost Clinics.</u>

# 1 OCTOBER

8 YEARS VEGAS STRONG











#### We Must Never Forget

This year, on the 8th anniversary of 1 October, our celebration of life and remembrance was especially meaningful. Seeing the faces of those from our community and beyond and hearing from our Elected Officials, Governor and loved ones made for a special tribute to the 58 lives lost that day and the two more who have passed since then.





### What is the Forever One Memorial?

The Forever One Memorial will be a permanent monument honoring the 58 lives lost and the ones we have lost since their families, the more than 22,000 survivors, our emergency and first responders, and all those impacted by the tragedy that occurred on 1 October, 2017, at the Route 91 Harvest Festival in Las Vegas, NV.

With the site located on two acres of the festival grounds there is sacred significance to the land upon which the memorial will stand.

Learn more about the Forever 1
Memorial and its impact here:
https://foreveronememorial.org/

Learn more about the Path of Remembrance here: https://foreveronememorial.org/pavers/



The Forever One Memorial will always be a part of our community as we have memories forever etched within our hearts. Whether you have been here for a long or short time, I hope that you will have a better understanding of the amazing place we call home.



# Helping Our Students

## Get **outside**

Physical Activity Increases Memory Function

Physical activity helps increase blood flow to the brain which increases memory function as well. To put it simply, once you get the blood pumping, you get the wheels turning.



Learning is a lifelong adventure and there are so many ways to do it.

Here are some examples and information on ways kids can learn outside of school and build skills that will help them as they grow.





Crafts are a great family holiday activity. They reinforce many important school skills like attention to detail, following instructions, and maintaining focus. They also encourage creativity and imagination. Plus, kids end up with a great craft that they can feel proud of!



Board Games

Playing board
games can help kids
develop critical
thinking skills like
strategy, analysis,
and planning. They
also help improve
basic school skills
such as addition,
subtraction, and
reading
comprehension.

Board Games Develop Critical Thinking Skills

# WORK on a PUZZLE

25,25,25

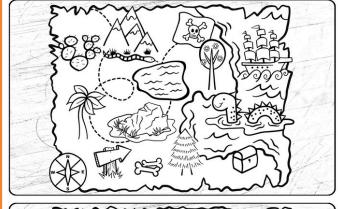
Combine
Problem-Solving
Skills
with Family Time

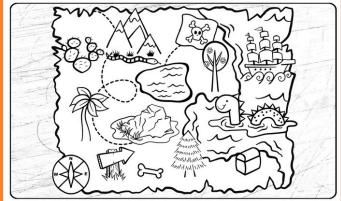
Jigsaws, sudoku, crosswords, searcha-words...puzzles are a great way to challenge the brain any time.

ST TOT TO

#### SPOT THE DIFFERING

Can you spot the 13 differences between these two pictures?





#### Learning Is Fun

Outdoors Games Jokes

Grow

Puzzles Labels Read Books Think Learn Bike Play Dice Help the astronaut find his way to the rocket.





# PRESCHOOL

Toddler Play
Building Blocks of FUN

is the Building
BLOCKS of Life



Different types of blocks:

Wooden Blocks Plastic Bricks (LEGO & Duplo) Foam Blocks Magnetic Tiles

Playing with building blocks helps preschoolers learn:

- Problem Solving
- Logical Thinking
- Hand-eyeCoordination
- Communication
- Creativity
- Emotional Regulation



#### Don't Have Blocks?

Cereal boxes
Delivery boxes
Books
Food cans
Soda cans
Toilet Paper/Paper
Towel rolls

Anything you can stack that will NOT hurt your toddler if/when it falls.

Putting it back together is half of the fun! Clark County Parks and Recreation and the Bob Price Recreation Center Presents

LICE BODGES PROSCHOOL

Monday, Wednesday, Friday 9:00 AM - 12:00 PM 3.5 - 5 Years Old

Session 1 Dates

January 5 - February 6, 2026
Priority Registration Starts
December 3, 2025
Public Registration Starts
December 10, 2025



Please contact us for

more information

Children learn valuable developmental skills through curriculum based learning, social interaction, arts and craft, instructor-led centers, and independent play through our Nevada State licensed

program.

\*Participants must be
potty-trained, no pull-ups
are allowed.

Bob Price Recreation Center 2050 Bonnie Lane Las Vegas, NV 89156 702-455-7600



**REMINDERS** 

Ask about Scholarships Sign up for future sessions

CONTACT

Bob Price Recreation Center 2050 Bonnie Lane LV, NV 702-455-7600

The building blocks of life are made up of shapes and spaces.

By Joey Lawsin





# "Fill the Fire Truck" HOLIDAY TOY DRIVE

New, Unwrapped Toys & Gift Cards for Kids & Teens

Watch for off-duty firefighters collecting donations outside these Walmart stores on Saturdays & Sundays Dec. 6 - Dec. 21, 9-4 p.m.



- 6464 N. Decatur Blvd.
- 540 Marks St.
- 7200 Arroyo Crossing Pkwy.
- 1807 W. Craig Road
- 8060 W. Tropical Pkwy.

Donations can be dropped off at any Clark County Fire Station, 9 a.m. to 5 p.m. daily





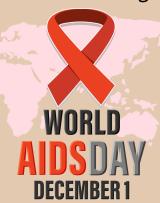






December 1st, we turned the Welcome to Las Vegas sign **RED** for World AIDS Day.







On October 29th, we broke ground on the newest Las Vegas Metropolitan Police Department Substation near N. Hualapai and Grand Teton. We were joined by County and City officials, and Metro officers.

This substation is a huge step to bringing quicker responses and increased safety to people living in the area.