

# Swimming Lessons

\*With all water programs, please notify your instructor if you have any health concerns, previous injuries or medical conditions that may be aggravated during workouts

## Beginner lessons 21 & older

**Participant ratio:** 1 instructor to 10 students

**Pool location:** Shallow water (0 to 5 feet)

### No Experience Required

**Class goal:** Instructors work with each participant to overcome apprehension and work on basic skills such as floating, swimming underwater, and basic stroke development. Lessons are designed to meet the participants personal goals.

**Skills taught:** Freestyle and backstroke, rotary breathing, streamlining, breaststroke, scissor kick, front/back float, survival floating, basic treading, etc.

- **Session 7 | October 7<sup>th</sup> through November 18<sup>th</sup>**

**\*No Class November 11<sup>th</sup> For Veterans Day**

<u>Days</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Code</u>
Tues	10/07 to 11/18	12:00 pm-1:00 pm	\$30	759108

# West Flamingo Aquatic Center Adult Only Indoor Pool - 21 & up

6255 West Flamingo Rd, Las Vegas, NV, 89103  
(702) 455-4192

DesertBreezeAquatics@ClarkCountyNV.gov



**togetherforbetter**

**September- November  
Brochure**

\*Effective 09/13/2025



# West Flamingo Aquatic Center

6255 W. Flamingo Rd, Las Vegas NV, 89103

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togetherforbetter

## Daily Admission Fees

### Adults 21-54 Years

\$2

### Senior 55 and older

\$1

### Swim Passes Pass#AQWF

Passes can be purchased from any Clark County Community Center or Aquatics Center

### 90 Day Pass

Adult (21-54 Yrs)	Senior (55 + yrs)
\$30	\$20

### 1 Year Pass

Adult (21-54 Yrs)	Senior (55 + yrs)
\$90	\$60

## Rental Information

Community | Commercial  
\$60 hr | \$120 hr

### \*2 hour minimum

Looking for a great place to celebrate your next birthday, family reunion or special event? How about renting the swimming pool? Please contact the aquatics office at 702-455-7798

**\*Children can participate in rentals at West Flamingo Pool**

## Open Swim Hours

### Mon Tues Weds Fri

9:00 am to 12:00 pm  
& 1:00 pm to 3:00 pm

### Thursday

9:00 am to 3:00 pm

### Saturday and Sunday

Closed

## Pool Closure Dates

10/31 Nevada Day  
11/11 Veterans Day  
11/27 & 28 Thanksgiving  
12/25 Christmases Day

## Class Registration Information

In person or Online Begins

**Session 7 Registration  
September 25th, 7:00 AM**

**Session Dates:  
10/06 to 12/19**

Register Online at:

[www.ClarkCountyNV.Gov/ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)

or at any of your nearest Clark County

Recreation Facilities.

# Water Fitness

\*With all water exercise programs, please notify your instructor if you have any health concerns, previous injuries or medical conditions that may be aggravated during workouts

## Aqua Movements 21 & older

Slow moving exercises to increase range of motion and arthritic joints. This class is not a cardiovascular class, but a focus on improving range of motion throughout the body. This class will be held in deep and shallow water. This is a 45-minute class on M, W, F. Ability to swim not required.

### • Session 7 | October 6<sup>th</sup> through November 14<sup>th</sup>

**\*No Class October 31<sup>st</sup> For Nevada Day**

Days	Dates	Times	Cost	Code
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M/W/F	10/06 to 11/21	08:15am-09:00 am	\$60*	759110-00
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M/W/F	10/06 to 11/21	12:15pm-01:00 pm	\$60*	759110-01
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### • Winter Session | Dec. 1<sup>st</sup> through Dec. 17<sup>th</sup>

Days	Dates	Times	Cost	Code
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M/W/F	12/01 to 12/27	08:15am-09:00 am	\$27	759110-10
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M/W/F	12/01 to 12/27	12:15pm-01:00 pm	\$27	759110-11
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\*Drop-ins available for \$6 per visit

## BE A WATER WATCHER

Summertime safety is about more than SPF. Drowning remains the leading cause of unintentional injury-related death for young children in Southern Nevada. Make summer fun for everyone with these three steps — PATROL, PROTECT, PREPARE



### PATROL

Most tragedies occur in seconds. Always designate an adult to actively watch children in the water.



### PROTECT

Install four-sided pool fencing, door alarms, locks, and other safety measures to provide defensive barriers between your child and the pool.



### PREPARE

Enroll your child in swim lessons. Take CPR classes, and ensure every water watcher knows how to call 911 in an emergency.

Learn more at [www.GetHealthyClarkCounty.org](http://www.GetHealthyClarkCounty.org)