



togetherforbetter

# CAMBRIDGE RECREATION CENTER

3930 Cambridge St, Las Vegas, NV 89119

(702) 455-7169 | Hours: Mon-Fri (7:00am-8:00pm)



## Session 4:

June 2<sup>nd</sup> - June 28<sup>th</sup>

## Session 5:

July 7<sup>th</sup> - August 2<sup>nd</sup>

## CLASSES

### Basketball

**Skills and Drills (5-8)** - In this introductory program, we focus on the basics of the game, helping young players develop essential skills. Through engaging activities and playful drills, we aim to build confidence, coordination, and a love for basketball. (Ages 5-8)

**Skills and Drills (6-12)** - This class is designed for players ready to take their game to the next level. Our goal is to refine skills, boost confidence, and foster a deeper understanding of the game. (Ages 6-12)

**Days:** Tuesdays

**Times:** S&D 5-8 - (6:00PM - 6:45PM) | S&D 9-12 - (7:00PM - 7:45PM)

### Kickboxing 1-on-1

Whether you're a complete beginner looking to explore the world of kickboxing or an experienced practitioner aiming to refine your skills, our new 1-on-1 class is designed for you! Receive personalized instruction tailored to your level, improve your technique, and boost your confidence in a supportive environment. Don't miss out on this exciting opportunity to learn and grow — sign up today and kickstart your kickboxing journey! (Ages 6+)

**Days:** Mondays & Wednesdays

**Times:** 2:00PM | 2:45PM | 3:30PM | 4:15PM

### TaeKwonDo

**Beginners** - Step into the world of Taekwondo with our beginner-friendly classes! Perfect for newcomers, our sessions focus on fundamental techniques, forms, and basic self-defense. (Ages 6-12)

**Advanced** - Elevate your Taekwondo skills with our advanced class designed for experienced practitioners. Dive deeper into complex techniques, advanced forms, and high-level self-defense strategies. (Ages 6+)

**Days:** Tuesdays & Thursdays

**Times:** Beginners - (4:30PM - 5:30PM) | Advanced - (6:30PM - 7:30PM)

### Tiny Tots Sports

Get your little ones moving with our Tiny Tots Sports class! Designed for young children, this fun and energetic class introduces basic sports skills through engaging activities and games. It's a great way for kids to develop coordination, teamwork, and a love for physical activity. (Ages 3-5)

**Days:** Wednesdays

**Times:** (4:00PM - 4:45PM)



## FITNESS ROOM

Get fit and stay active in our fully equipped fitness room! Featuring a range of weights and cardio machines, our space is designed to support your workout goals.

Member	Day	Month	Year
Teens	\$3	\$15	\$105
Adults	\$4	\$16	\$115
Seniors	\$1	\$5	\$35

### Hours:

Monday - Friday  
(7:00 AM - 8:00 PM)

## OPEN GYM

Looking for a place to shoot hoops or play a pickup game? Enjoy access to our full-size court and flexible hours, perfect for casual games or practice.

Seniors	Adults	Open-Rec
7:00AM - 9:00AM	9:00AM - 12:00PM	12:00PM - 4:00PM
Free	\$2	Free
Mon - Fri	Tues & Thurs	Mon- Fri

\*Times may vary throughout the year

## INTRODUCING...

### PICKLEBALL

Starting November 13th, we're excited to introduce pickleball in the gymnasium at Cambridge! Whether you're a seasoned player or new to the game, come join us for a fun and active way to spend your time. Bring your paddle and a ball to challenge friends or meet other community members.

Please note that participants are required to complete a waiver and register for an open use pass. Get ready to have fun and stay active —see you on the court!

Senior (50+)	Adult (18+)
Mon.   Wed.   Fri.	Mon. & Fri.
7:00AM - 9:00AM	7:00AM - 9:00AM
Daily - Free	Daily - \$2
Monthly - Free	Monthly - \$12



## OPEN REC / AFTER SCHOOL

The after school program is an open/supervised recreation program which provides activities, gym usage, workshops, arts n crafts for youth ages 6-17 years old. Program is Tuesday - Friday from **12:00 PM - 4:00 PM**. **THIS PROGRAM IS FREE!** All children attending must have a waiver on file signed by a parent/guardian. All participants are required to wear closed toe shoes while participating in after school recreation activities.

### Bridge Lounge

Are you looking for a place to hang out, relax, and have fun with friends? The Bridge Lounge is open just for teens, offering a perfect spot to enjoy some downtime. With foosball, ping pong, arcade gaming, and a TV for movies and shows, there's something for everyone. Plus, we have a variety of board games available if you're in the mood for some classic fun. Whether you're here to challenge your friends to a game or just unwind, the Bridge Lounge is the place to be.

### Kidsville

Come on down to Kidsville, where fun never ends! Dive into a world of awesome board games, get creative

with colorful coloring pages, or jump on one of our computers to play your favorite games. Whether you're a master artist, a game guru, or just want to chill with friends, Kidsville is the place to be. So grab your friends and join the fun—adventures await at Kidsville!

## FACILITY RESERVATIONS

Cambridge offers affordable rooms for your next event. We have several spaces available for your facility use needs. Reservations request forms are available at the front desk. Please give **2 WEEK NOTICE** for rental requests.

## DISCOUNT PROGRAM

The Parks and Recreation Scholarship program provides financial assistance for classes, sports leagues, and fitness room memberships to qualifying Clark County residents. To apply please ask for an application at the front desk of the center. Please allow 2 weeks for application processing and approval.

## REFUNDS

Refunds will be made first to accommodate each individual or group by transferring use to a similar program or facility before issuing a

refund. Refunds are available based on the following criteria: If a class or program is cancelled by the department a full refund will be given. If a class registration is cancelled by individual prior to close of first day of class 100% refund will be given; after the first day of class no refund.

Reservations cancelled by individual/group 30 days prior to use receive 100% refund, 21 days prior 75% refund, 14 days prior 50% given, and less than 14 days prior to use no refund.

## SENIOR PROGRAM 50+

### Bingo Breakfast

Mark your calendars for the last Friday of every month and join us for a morning of fun and prizes at our Breakfast Bingo event! We'll be serving up a delicious breakfast from 10 AM to 12:30 PM as you play your favorite game.

### Field Trips / Workshops

For the latest information on upcoming workshops and field trips, visit the Cambridge Recreation Center front desk or check our website. New schedules are released bimonthly on the same day as our Friday Breakfast Bingo events. Don't miss out on these exciting opportunities!

### Senior Days

Tuesdays | Game Day - Join us every

week for Game Day, where seniors come together to enjoy board games and great company! This regular gathering is a chance to feel young again, connect with friends, and have fun playing a variety of games. All are welcome to share in the laughter and camaraderie each week!

Wednesdays | Wii Bowling - Perfect for seniors, this activity is a great way to stay active, enjoy friendly competition, and socialize with fellow participants. No experience needed—just come ready for a good time and lots of laughs.

Thursdays | Deaf Seniors - From poker games on a teleprompter to festive holiday potlucks, there's always something exciting happening. Whether you're looking to relax, socialize, or enjoy some friendly competition, we'd love to see you there!