



PARADISE RECREATION CENTER

4775 MCLEOD DRIVE, LAS VEGAS, NV

(702) 455-7513

MONDAY-FRIDAY: 7:00AM-7:00PM

SATURDAY AND SUNDAY: CLOSED

togetherforbetter

Paradise Recreation Center has a variety of leisure classes and opportunities for your personal interests. Please feel free to attend our quarterly Senior Meeting to provide your ideas and input on what we plan for you! Remember to register early! Registering at the last minute may mean that the class has already been cancelled due to low enrollment. Visit the front desk or call us at 702-455-7513 for more information about programs.

Online Registration can be found at:
www.ClarkCountyNV.Gov/ParksRegistration

HOLIDAY CLOSURE

MON., SEPTEMBER 1ST - LABOR DAY

FRIDAY, OCTOBER 31ST - NEVADA DAY

TUESDAY, NOVEMBER 11TH - VETERAN'S DAY

THURSDAY, NOVEMBER 27TH - THANKSGIVING DAY

FRIDAY, NOVEMBER 28TH - FAMILY DAY

THURSDAY, DECEMBER 25TH - CHRISTMAS DAY

PROGRAMMING

CARDS WITH FRIENDS

Play, socialize, and make new friends!

Day Time

M/W /F 8:00 AM-3:00 PM

Cost: Free!

SCRABBLE CLUB

Enjoy casual word play with a welcoming and friendly group.

Day Time

Tues 8:00 AM-3:00 PM

Cost: Free!



ANNUAL PASS IS COMING BACK!

Starting **June 1, 2025** we will offer a **6 month pass** to access all exercise classes with an * for \$40. Effective January 2026, an annual pass will be available for all exercise classes with an * for \$75.

HEALTH & FITNESS

YOGA

Slowly move through moves to build strength and flexibility and discover our inner stillness.

Day Time Cost

Tues 12:00 PM-1:15 PM \$10

SENIOR NEWSLETTER

FALL/WINTER 2025

REGISTRATION INFORMATION

SEPTEMBER PROGRAMMING - Thursday, August 21

OCTOBER PROGRAMMING - Thursday, September 18

NOVEMBER PROGRAMMING - Thursday, October 16

DECEMBER PROGRAMMING - Thursday, November 20

Anyone requiring special accommodations must request them on registration day. All meals and souvenirs are on your own. All registration will occur with the Paradise Recreation Center's Front Desk.

RESTORATIVE CHAIR

YOGA AND MEDITATION *

Encourages physical, mental, and emotional relaxation.

Day	Time	Cost
Wed	11:30 AM-12:30 PM	\$5

MUSIC AND MOVEMENT *

Music and Movement include a mix of guided dance and improvised movement activities.

Day	Time	Cost
T/TH	10:00 AM-11:00 AM	\$5

CARDIO AND PUMP *

A low intensity workout combines cardio, strength, and flexibility, all modified to a seated position.

Day	Time	Cost
M/W/F	10:00 AM-11:00 AM	\$5

PICKLEBALL

Stay active and social. Pickleball offers an approach to age & skill-based novice games for ages 18+, fostering a vibrant community.

Day Time
M/W/F 7:00 AM-9:30 AM
M 11:00 AM-1:00 PM (NOVICE)



DISH WITH TISH

Quarterly meetings to plan future activities and events.

All suggestions welcome!

Please register on September 16, 2025

November 21, 2025

11:00 AM - 11:30 AM

FIELD TRIPS & EVENTS

Advanced registration, in person, is required. Registration is on a first come first serve basis. At least 5 participants are needed to not cancel for the day. All field trips have a \$2 transportation fee due at time of registration. Trips are non refundable. Additional fees may apply. **Please arrive 15 minutes before departure time. Departure from Paradise may vary 10 to 15 minutes.**

SEPTEMBER FIELD TRIPS

SIGHTS & BITES:

ARTESIAN CELLARS & CHARLESTON PEAK WINERY

SIP AND SAVOR YOUR WAY THROUGH PAHRUMP AT ARTESIAN CELLARS AND CHARLESTON PEAK WINERY.

Day **Time**
Thurs September 04 10:00am-4:00pm

Cost
\$2 - Transportation Fee + Spending Money

SUPER SUMMER THEATRE:

SINGIN' IN THE RAIN

EXPERIENCE AN UNFORGETTABLE EVENING UNDER THE STARS AT SUPER SUMMER THEATRE, WHERE YOU CAN ENJOY A DELIGHTFUL PICNIC AND SPECTACULAR PERFORMANCE OF SINGIN' IN THE RAIN.

Day **Time**
Fri September 19 5:30pm-10:30pm

Cost
\$27.50 - Fee (Must purchase tickets on **August 21st** at Paradise) + Spending Money

SENIOR SOCIAL:

GOLDEN LOTERÍA

EXPERIENCE THE JOY OF CONNECTION AND NOSTALGIA AT GOLDEN LOTERÍA, WHERE VIBRANT CARDS, LIVELY CALLS, AND LAUGHTER BRING GENERATIONS TOGETHER IN A HEARTWARMING CELEBRATION OF CULTURE AND COMMUNITY.

Day **Time**
Wed September 24 11:00am-12:00pm

Cost
\$2 - FEE

NOVEMBER FIELD TRIPS

SIGHTS & BITES:

GREEN VALLEY RANCH: THE DISTRICT

THE DISTRICT FARMERS MARKET IN HENDERSON BURSTS WITH FRESH, SEASONAL PRODUCE AND VIBRANT COMMUNITY SPIRIT.

Day **Time**
Thurs November 06 11:00am-2:00pm

Cost
\$2 - Transportation Fee + Spending Money

SUPPER CLUB:

CHICAGO JOE'S

TUCKED AWAY IN A CHARMING DOWNTOWN BRICK HOUSE, THIS BELOVED FAMILY-OWNED ITALIAN EATERY DISHES OUT HEARTY HOMEMADE CLASSICS IN A COZY, OLD-SCHOOL SETTING THAT FEELS LIKE HOME WITH EVERY BITE.

Day **Time**
Wed November 19 5:00pm-8:00pm

Cost
\$2 - Transportation Fee + Spending Money

SAVE THE DATE

Crust & Canvas

Crust & Canvas invites you to indulge your senses where art meets dessert—blend brushstrokes with buttery crusts that's as creative as it is delicious.

Tuesday, November 25, 2025

\$5 FEE

OCTOBER FIELD TRIPS

SUPPER CLUB:

CHEESECAKE FACTORY

A VIBRANT CULINARY HAVEN WHERE AN EXTENSIVE GLOBAL-INSPIRED MENU, LAVISH PORTIONS, AND OVER 30 DECADENT CHEESECAKES COME TOGETHER IN A CHIC, UPSCALE AMBIANCE PERFECT FOR ANY OCCASION.

Day **Time**
Wed October 01 5:00pm-8:00pm

Cost
\$2 - Transportation Fee + Spending Money

BELLAGIO CONSERVATORY:

HARVEST

IMMERSE YOURSELF IN THE ENCHANTING BELLAGIO CONSERVATORY AT THE BELLAGIO, WHERE THE FALL HARVEST INSTALLATION TRANSFORMS THE SPACE INTO A BREATHTAKING CELEBRATION OF NATURE'S BEAUTY WITH VIBRANT FLORAL DISPLAYS AND ARTISTIC DESIGNS.

Day **Time**
Wed October 15 11:00am-1:00pm

Cost
\$2 - Transportation Fee + Spending Money

MCKEE RANCH FOUNDATION

MCKEE RANCH IS A CHARMING, FAMILY-FRIENDLY OASIS IN LAS VEGAS WHERE VISITORS CAN ENJOY PONY RIDES, FEED FRIENDLY FARM ANIMALS, AND SOAK IN RUSTIC COUNTRY VIBES WITH SEASONAL FESTIVITIES AND HANDS-ON FUN

Day **Time**
Wed October 29 11:00am-1:00pm

Cost
\$2 - Transportation Fee + Spending Money

DECEMBER FIELD TRIPS

BELLAGIO CONSERVATORY:

HOLIDAY

IMMERSE YOURSELF IN THE ENCHANTING BELLAGIO CONSERVATORY AT THE BELLAGIO, WHERE THE WINTER HOLIDAY INSTALLATION TRANSFORMS THE SPACE INTO A BREATHTAKING CELEBRATION OF NATURE'S BEAUTY WITH VIBRANT FLORAL DISPLAYS AND ARTISTIC DESIGNS.

Day **Time**
Wed December 3 11:00am-1:00pm

Cost
\$2 - Transportation Fee + Spending Money

CLARK COUNTY MUSEUM: HERITAGE HOLIDAYS

CELEBRATE THE SEASON WITH CAROLERS, CRAFTS, AND VINTAGE HOLIDAY CHARM AT CLARK COUNTY MUSEUM'S HERITAGE HOLIDAYS.

DAY **TIME**
Sat December 13 4:30pm-7:00pm

COST
\$2 - Transportation Fee + Spending Money

ETHEL M. CHOCOLATE: HOLIDAY CACTUS GARDEN

STROLL THROUGH A DAZZLING DESERT WONDERLAND OF OVER A MILLION LIGHTS AT THE ETHEL M CHOCOLATE HOLIDAY CACTUS GARDEN, WHERE FESTIVE CHEER, SWEET TREATS, AND A SHORT WAIT IN LINE FOR ENTRY AWAIT.

Day **Time**
Wed December 17 4:30pm-8:30pm

Cost
\$2 - Transportation Fee + \$3 - Ethel M. Fee (Day Of) + Spending Money