



WEST FLAMINGO SENIOR CENTER

6255 W. Flamingo Rd, Las Vegas, NV 89103

(702) 455-7742 clarkcountynv.gov/parks

SESSION 1-Jan 5 - Mar 27

Register: online Dec 08, walk-in Dec 08

ARTS & CRAFTS

Day	Time	Room	Cost
Beading Art			
WED	1pm-3pm	3	\$4
Knit & Crochet			
WED	9am-1pm	3	\$10
Open Crafts			
MON	9am-3pm	3	\$10
Open Sewing			
TUES	9am-1:45pm	3	\$10

DANCE

Day	Time	Room	Cost
Asian Folk Dance			
MON	1:30pm-4pm	1	\$6
Body Rhythm			
THU	1:30pm-3:15pm	MPR	\$8
Chinese Classical Dance			
TUES	1pm-4pm	1	\$8
Chinese Drum Dance			
THU	3-4:45PM	1	\$6
Chinese Folk Dance			
WED	8am-9:45am	1	\$6
Exercise Line Dance			
FRI	11am-12:30pm	EX	\$6
Exercise Line Dance			
FRI	12:30 - 2 pm	EX	\$6

DANCE - (cont.)

Day	Time	Room	Cost
Japanese Dance-Beg			
MON	1:45-4:45 pm	EX	\$10
Japanese Dance			
THUR	1:45pm-4:45pm	EX	\$10
Korean Line Dance			
MON	10:30am-12pm	EX	\$6
Korean Line Dance			
WED	12pm-1:30pm	EX	\$6
Korean Traditional Dance			
TUES	2pm-4:30pm	EX &	
THUR	11:00am-2:30pm	1	\$16
Latin Dance			
FRI	2:30pm-4:30pm	EX	\$8
Line Dance I			
TUE	8:30am-10:00am	MPR	\$6
Line Dance - Inter II			
TUES	10:30am-12pm	1	\$6
Line Dance - Inter/Adv			
WED	10am-11:30am	1	\$6
Line Dance - Inter/Adv			
FRI	10am-11:30am	1	\$6
Nationality Dance			
MON	1:30pm-3:30pm	MPR	\$10

GAMES

Participants can socialize while playing the following games.

Day	Time	Room	Cost
Bridge			
MON	10am-2pm	2	\$8
Canasta			
TU/FRI	11:30am-4pm	2	\$10
Canasta - Learn to play			
FRI	9:00 am-11am	\$2 -per visit	
Cribbage			
WED	9am-12pm	2	\$6
Game Club			
TH/FRI	9am-3pm	3	\$10
Pinochle			
FRI	8am-11am	2	\$6
Poker Club			
WED	1:30pm-3:30pm	1	\$8
Scrabble			
THUR	9am-4pm	2	\$8

FITNESS

Day	Time	Room	Cost
Chair Exercise - (6 weeks)			
TU/THUR	11:45am-12:30pm	EX	\$32
Find Your Groove -Dance/Exercise			
MON	12pm-1pm	EX	\$8
Low Impact - (6 weeks)			
TU/THUR	10:30am-11:30am	EX	\$37
Tai Chi Practice			
MON/FRI	12:15pm-1:15pm	MPR	\$8

FITNESS - (cont.)

Participants will workout to their fitness level to the following classes offered at West Flamingo.

Day	Time	Room	Cost
Yoga - (6 weeks)			
WED	9am-10:15am	EX	\$32
Yoga Strength & Stretch - (6 wks)			
WED	10:30am-11:45am	EX	\$32
Yoga - Chair - (6 weeks)			
WED	12:15pm-1:15pm	Rm 1	\$26

SPECIAL INTEREST

Day	Time	Room	Cost
Drum Circle			
TUES	3pm-4pm	MPR	\$6
Korean Song and Karaoke			
THUR	12pm-1pm		
Learn Keyboard			
FRI	1:00pm-2:30pm	1	\$6
Learn Keyboard			
FRI	2:30pm-4:00pm	1	\$6

SPORTS

Day	Time	Room	Cost
Pickle Ball			
TUES	10:30am-2:30pm	MPR	\$8
WED	1pm-4:30pm	MPR	\$8
FRI	8am-11:45am	MPR	\$8
<i>(excluding BINGO days)</i>			
WII Bowling			
THUR	9am-11am	MPR	\$8
Chair Volleyball			
FRI	2pm-3:30pm	MPR	\$6

MONTHLY ACTIVITIES - Registration for Jan/Feb is Dec 17, 2025 at 9:00 am (1 west)

ALL ACTIVITIES SUBJECT TO CHANGE

Next brochure is out Feb 09- Registration is Feb 18 for March/April (2 west)

FIELD TRIPS Join us for monthly excursions. Advanced registration is required via in person lottery system. Trips are non refundable. Additional fees may apply, cash for tickets due at time of registration. Please arrive at least 15 minutes before field trip departure time or you may lose your spot.

Windmill Library - Opera Legends in Black, Sat, Jan 10, \$2 van, free event 3 pm - 4 pm

Celebrate a rich African-American operatic legacy to honor the accomplishments of beloved singers and composers who triumphed in spite of often daunting routes to acceptance and inclusion. Dinner at Jollibee after the show. Van leaves at 2:15 pm and returns ~ 6:15 pm.

Lunch Bunch, Tues, Jan 13, \$2 Van, \$ Food/drinks - Sunshine and Tailwinds. Van leaves at 11:00 am and returns ~ 1:30 pm.

Thrift Shopping and lunch, Thu, Jan 15, \$2 Van, Free Event \$ Food

Join us to shop at 2 thrift stores (Desert Industries and Good Will) in North Las Vegas, followed by lunch at Hibachi Supreme Buffet, Van leaves at 10:00 am and returns ~ 2:00 pm.

Infinity Museum at Boulevard Mall, Tue, Jan 20, \$2 Van, \$28, \$ Food

Step into mind-bending infinity rooms, mirror illusions & immersive art experiences for all ages. Lunch in the food court afterwards. Van leaves at 10:00 am and returns ~1:45 pm.

Bach to Beyonce, Sat, Feb 07, \$2 Van, Free event 3 - 4 pm, \$ Food

In celebration of Black History Month, Vegas City Opera takes you on a vocal journey through the Beyonce' songbook that was inspired by classical music. Dinner after the show at Applebee's. Van leaves at 2:15 pm and returns at 6:30 pm.

Ice Age Fossil State Park, Thur, Feb 19, \$2 Van, Free event,

The all-new Ice Age Fossils State Park brims with one of the largest and most varied collections of Ice Age-era fossils ever discovered. Van leaves at 12:15 pm and returns around 3:15 pm.

Keith Zalinger, a mentalist and mind reader at West Charleston Library, Sun, Feb 22, \$2 Van, Free event 4 - 5 pm, \$ Food Step into the world of the extraordinary with Keith Zalinger, a mind-reader, mentalist, and hypnotist who blurs the line between reality, the supernatural, and imagination. Dinner after the show at the Yard House Van leaves at 3:15 pm and returns ~ 7:00 pm.

Lunch Bunch, Tues, Feb 24, \$2 Van, \$ Food - Cheongdam Food Hall. Van leaves at 11:00 am and returns at ~1:30 pm.

LOOK
LOOK
LOOK

Mardi Gras Party on the next page!

BINGO

Day	Time	Cost
Fri, Jan 09	10am-11:30am	\$3
Sponsored by: TBD		
Fri, Feb 13	10am-11:30am	\$3
Sponsored by: Molina Healthcare		



CORN HOLE/HORSESHOE

Available to play outside in the courtyard, inquire at the front desk.

Cost: Free! - Leave your Driver's License to check out equipment.

FITNESS ROOM



Monday - Friday 8am-5pm

One Day Pass - \$1
Yearly Pass - \$15

GAME ROOM



Monday - Friday 8am-5pm

One Day Pass - \$1
Yearly Pass - \$15



Schedule your no-cost 30 minute consultation with an attorney.

Free for 60+

January 14th

February 11th



Yarn donations needed please!



SPECIAL EVENTS

Thu, Feb 12

Mardi Gras Party

Wear your wild and crazy costumes to the party and exchange pieces of those costumes to create the most outrageous look.

Get ready to party to the festive sounds of Dixie Flats and join in the second line parade! Bring a decorated shoe box to enter into the best Mardi Gras Themed Shoebox contest.

SUPPER CLUB

Meet and eat with fellow seniors every 3rd Wednesday at 4pm!

Jan 21: Bagel Cafe
300 N Buffalo Dr

Feb 18: Amore Chicago Pizza
3945 S Durango

Cost: Free to join, pay for own meal.

WALKING CLUB

Join us as we travel to parks around the Las Vegas Valley and enjoy the various scenery. \$1 to register per trip. Van leaves at 10:00 am.

Jan 16 - Police Memorial Park

Jan 23 - Exploration Park

Jan 30 - Willows-Summerlin

Feb 6 - Whitney Mesa Park

Feb 20 - Acacia Park-Henderson

Feb 27 - Pueblo Park

WORKSHOPS

**Southern Nevada Water District
Wednesday, Jan 07**

10am-11am

Free-Sponsored by S. NV Water District

Gain information about LVWWD myaccount, how to sign up and pay your bill on line, along with leak programs. Bring your Account number, email, username, debit/credit card or checking/routing number to set up autopay if you like.

**Sheila Walker Insure Advisors
Wednesday, Jan 21st**

10am-11am

Free

Experience fitness the fun way with gentle movement and great energy!

**Sound Healing-Free
Wednesday, Jan 28th**

10am-11:00am

Come relax to the sound bowls of Jeanna.

Sip N Paint

**Wednesday, Feb 11th - Free
10am-11:00am**

Enjoy some tea while painting a paint by number beautiful picture.

DID You KNOW?

**Wednesday, Feb 25th - Free
10am-11:30am**

Join this fun, high-energy community event designed to get you moving, learning, and connecting. Enjoy line dancing, live Q & A sessions with local healthcare and wellness experts, interactive vendors and raffles.

Look what's in your backyard!

Go outside and enjoy some fresh air and a nice place to eat or chat.



Foster for their Futures 
together • better

While fostering teens may be temporary, the guidance you provide for their future will carry them through adulthood.

Become a foster parent or show your support as a Proud Partner of Clark County Foster Care.

clarkcountyfostercare.com

WHO CAN FOSTER?
AGES 21+ | RENTERS | HOMEOWNERS | WORKING | STAY-AT-HOME
RETIRED | SINGLE | MARRIED | DIVORCED | LGBTQ

GET STARTED TODAY!
Scan the code & sign up for an information session. When you decide that fostering is the right choice, you'll get fingerprinted and start your amazing journey to helping children!



West Flamingo Senior Center
6255 W. Flamingo Rd
Las Vegas, NV 89103
702-455-7742

Hours of Operation
Monday - Friday 8am - 5pm

Closed:
January 1 and 19
February 16

Break Week: Dec 29 - Jan 2

Important Phone #'s:
Emergency: 911
Non-emergency: 311
Senior Advocate: 702-455-7051
West Flamingo Pool: 702-455-4192

ONLINE REGISTRATION

Online Registration can be found at:
[www.ClarkCountyNV.Gov/
ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)