

Whitney Senior Center 5712 Missouri Avenue Las Vegas, NV 89122 702-455-7560



## JANUARY SENIOR ACTIVITIES

African Dance - Tues 1:00pm - 2:00pm

Bingo - Mon/Wed/Fri 11:00am - 12:00pm

Baba T's Designs
Thurs 12:00pm - 2:00pm & Tues 10:30am - 12:30pm

Crafty Creations - Thurs 9:00am - 10:00am

Game Room - Mon - Fri 8:00am - 12:00pm

Left, Right, Center - Thurs 12:00pm - 2:00pm

Loteria - Tue 12:00pm - 2:00pm

Mexican Train Dominoes - Mon/Wed 12:00pm - 2:45pm

Pinochle Double Deck - Tue/Thurs/Fri 12:00pm - 3:00pm

Rueda De Casino Cuban Salsa - Mon / Wed 12:15pm - 1:15pm

Sit and Stretch - Mon/Tue/Fri 9:30am - 10:15am

Spades/Uno - Tue 10:30am - 12:00pm & Fri 12:00pm - 3:00pm



Wii Bowling - Mon/Tue/Thurs 8:30am - 9:30am & 10:00am - 11:30am

Sign-ups for January will start on December 29th at 8:00am
Posted Date:12.18.25



Friday, January 2 – Line Dancing (Free): Kick up your heels at our friendly line dancing class –no experience or partner needed. Starts at 12:15 PM.

Monday, January 5 – Chair Volleyball (Free): A fun, inclusive team sport where players remain seated while passing and volleying a ball over a net. Designed for all ability levels. It starts at 12:15 PM.

Tuesday, January 6 – Antiques & Hobby Lobby Trip (\$3 + supplies): Visit unique antique stores around Las Vegas, then stop at Hobby Lobby to purchase fleece for tie-blanket making. Depart from Whitney at 12:00 PM.

Wednesday, January 7 – Forever Fit (Free): A fun, energizing fitness class for seniors hosted by the Walker Family. 9:30–10:30 AM.

Wednesday, January 7 – Tech Talk (Free): Bring your electronic device and chargers for hands-on assistance. Starts at 12:15 PM.

Monday, January 12 – Sip & Paint with Archwell (Free): Enjoy an afternoon of canvas painting paired with delicious mocktails. It starts at 12:15 PM.

Thursday, January 15 – Vision Board with Chanel (Cost: \$1): Create a visual representation of your dreams and goals in this inspiring workshop. Beginning at 11:30 AM.

Tuesday, January 20 – Tie Blanket Workshop (Cost: \$3): Make a cozy fleece blanket—perfect for Valentine's Day gifts. Please bring two pieces of fleece, good scissors, and sewing pins. It starts at 12:00 PM.

Wednesday, January 21 – Chair Volleyball (Free): A fun, inclusive team sport where players remain seated while passing and volleying a ball over a net. Designed for all ability levels. It starts at 10:00 AM

Wednesday, January 21 – Lazy Dog Restaurant (Cost: \$3 + activity cost): Enjoy handcrafted American food in a warm, rustic setting. Departs at 12:15 PM.

Tuesday, January 27 – South Point Hotel Trip (Cost: \$3 + activity cost): Spend the day . enjoying a \$5 movie, bowling, and a variety of dining options. Departs at 11:30 AM.

Wednesday, January 28 – Forever Fit (Free): Another chance to join this energizing senion fitness class hosted by the Walker Family. 9:30–10:30 AM.

Zumba – Date TBD.