



# WEST FLAMINGO SENIOR CENTER

6255 W. Flamingo Rd, Las Vegas, NV 89103

(702) 455-7742 clarkcountynv.gov/parks

SESSION 3 - Jul 7 - Sep 26

Register: online Jun 09, walk-in Jun 09

## CLASS SCHEDULE

### ARTS & CRAFTS

Day	Time	Room	Cost
<b>Knit &amp; Crochet</b>			
WED	9am-1pm	3	\$10
<b>Open Crafts</b>			
MON	9am-3pm	3	\$10
<b>Open Sewing</b>			
TUES	9am-1:45pm	3	\$10

### DANCE

Day	Time	Room	Cost
<b>Asian Folk Dance</b>			
MON	2pm-4pm	1	\$6
<b>Body Rhythm</b>			
THU	1:30pm-2:45pm	MPR	\$8
<b>Chinese Classical Dance</b>			
TUES	1pm-4pm	1	\$8
<b>Chinese Folk Dance</b>			
WED	8am-9:45am	1	\$6
<b>Exercise Line Dance</b>			
FRI	11am-12:30pm	Ex	\$6
<b>Exercise Line Dance</b>			
FRI	12:30pm-2pm	Ex	\$6
<b>Japanese Dance-Beg</b>			
MON	1:45-4:45 pm	EX	\$10

### DANCE - (cont.)

Day	Time	Room	Cost
<b>Japanese Dance</b>			
THUR	1:45pm-4:45pm	Ex	\$10
<b>Korean Line Dance</b>			
MON	10:30am-12pm	Ex	\$6
<b>Korean Line Dance</b>			
WED	12pm-1:30pm	Ex	\$6
<b>Korean Traditional Dance</b>			
TUES	2pm-4:30pm	Ex	&
THUR	11:00am-2:30pm	1	\$16
<b>Latin Dance</b>			
FRI	2:30pm-4:30pm	Ex	\$8
<b>Line Dance - Inter II</b>			
TUES	10:30am-12pm	1	\$6
<b>Line Dance - Inter/Adv</b>			
WED	10am-11:30am	1	\$6
<b>Line Dance - Inter/Adv</b>			
FRI	10am-11:30am	1	\$6
<b>Nationality Dance</b>			
MON	1:30pm-3:30pm	MPR	\$10



## GAMES

Participants can socialize while playing the following games.

Day	Time	Room	Cost
<b>Bridge</b>			
MON	10am-2pm	2	\$8
<b>Canasta</b>			
TU/FRI	11:45am-4pm	2	\$10
<b>Canasta - Learn to play</b>			
TUES	9:00 am-11am	\$2 -per visit	
<b>Cribbage</b>			
WED	9am-12pm	2	\$6
<b>Game Club</b>			
TH/FRI	9am-3pm	3	\$10
<b>Pinochle</b>			
FRI	8am-11am	2	\$6
<b>Poker Club</b>			
THUR	2:30pm-4pm	1	\$8
<b>Scrabble</b>			
THUR	9am-4pm	2	\$8

## FITNESS

Day	Time	Room	Cost
<b>Chair Exercise - (6 weeks)</b>			
TU/THUR	11:45am-12:30pm	Ex	\$32
<b>Find Your Groove -Dance/Exercise</b>			
MON	12pm-1pm	Ex	\$8
<b>Low Impact - (6 weeks)</b>			
TU/THUR	10:30am-11:30am	Ex	\$37
<b>Tai Chi Practice</b>			
MON/FRI	12:15pm-1:15pm	MPR	\$8

## FITNESS - (cont.)

Participants will workout to their fitness level to the following classes offered at West Flamingo.

Day	Time	Room	Cost
<b>Yoga - (6 weeks)</b>			
MON/WED	9am-10:15am	Ex	\$34
<b>Yoga Strength &amp; Stretch - (6 wks)</b>			
WED	10:30am-11:45am	Ex	\$21
<b>Yoga - Chair - (6 weeks)</b>			
WED	12:15pm-1:15pm	Rm 1	\$19

## SPECIAL INTEREST

Day	Time	Room	Cost
<b>Drum Circle</b>			
TUES	3pm-4pm	MPR	\$6
THUR	12pm-1pm		
<b>Korean Song and Karaoke</b>			
FRI	1:00pm-2:30pm	1	\$6
<b>Learn Keyboard</b>			
FRI	2:30pm-4:00pm	1	\$6

## SPORTS

Day	Time	Room	Cost
<b>Pickle Ball</b>			
TUES	10:30am-2:30pm	MPR	\$8
WED	1pm-4:30pm	MPR	\$8
FRI	8am-11:45am	MPR	\$8
<i>(excluding BINGO days)</i>			
<b>WII Bowling</b>			
THUR	9am-11am	MPR	\$8
<b>Chair Volleyball</b>			
FRI	2pm-3:30pm	MPR	\$6

# **MONTHLY ACTIVITIES - Registration for July/Aug is June 18, 2025 at 9:00 am**

**ALL ACTIVITIES SUBJECT TO CHANGE**

***Next brochure is out Aug 11 - Registration is Aug 20th for September/October***

**FIELD TRIPS** Join us for monthly excursions. Advanced registration is required via in person lottery system. Trips are non refundable. Additional fees may apply, cash for tickets due at time of registration. Please arrive at least 15 minutes before field trip departure time or you may lose your spot.

**Cora Coleman Summer Splash, Wed, July 2, \$3 to register (\$2 for the van, \$1 for Cora Coleman) \$1 for pool entrance day of**

Enjoy the cool water in the outdoor pool and a continental breakfast at Hollywood Aquatics Center. Van leaves at 7:00 am and returns ~ 12:00 pm.

**Serpentine Fire, Fri, July 18, \$2 Van, \$25 cash to register, \$ for food/drinks**

Join us for an Earth, Wind and Fire tribute band at the South Point. Van leaves at 4:45 pm and returns ~ 9:30pm.

**Kiss Mini Golf, Mon, July 28, \$2 Van, \$15 cash to register**

Join us for a fun glow in the dark mini golf experience. Van leaves at 12pm and returns ~ 2:30 pm.

**Cora Coleman Summer Splash, Wed, Aug 6, \$3 to register (\$2 for the van, \$1 for Cora Coleman) \$1 for pool entrance day of**

Enjoy the cool water in the outdoor pool at Hollywood Aquatics Center. Van leaves at 7:00 am and returns ~ 12:00 pm.

**Galleria Mall, Mon, Aug 11, \$2 Van, \$ Food/drinks**

Come with us to visit the Galleria Mall to shop, eat, or walk inside. Van leaves at 10am and returns ~ 2:30pm.

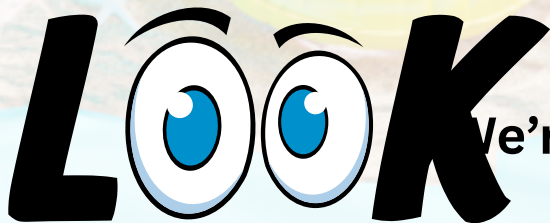
**Super Summer Theater, Spring Mountain Ranch "Legally Blonde", Aug 16, \$2 Van, \$30 cash to register**

Enjoy this musical production in the open air theater "Under the Stars". Van leaves at 4:15 pm and returns ~ 11 pm.

**Can't Get Next to You (Temptation and Motown tribute) Thur, Aug 28, \$2 Van, \$33 cash to register**

Enjoy this musical tribute to the Temptations and Motown at the South Point. Van leaves at 4:00 pm and returns ~ 8:30 pm.

**Lunch Bunch and Breakfast Crew will return in the fall!**



**We're having a summer taco party! See Special Events for details!**



## BINGO

Day	Time	Cost
Fri, July 11	10am-11:30am	\$3
Sponsored by: PCA		
Fri, Aug 8	10am-11:30am	\$3
Sponsored by: Medicare Advantage		



## BUNCO

Day	Time
Wed, July 16	10am-11:30am
Sponsored by: Desert Grace Home Health	
Wed, Aug 27	10am-11:30am
Sponsored by: The Perl Path	
<b>Cost: Free!</b>	

## CORN HOLE/HORSESHOE

Available to play outside in the courtyard, inquire at the front desk.

**Cost:** Free! - Leave your Driver's License to check out equipment.

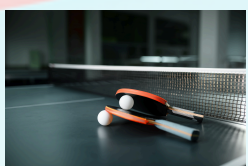
## FITNESS ROOM



### Monday - Friday 8am-5pm

One Day Pass - \$1  
Yearly Pass - \$15

## GAME ROOM



### Monday - Friday 8am-5pm

One Day Pass - \$1  
Yearly Pass - \$15



Yarn donations needed please!



## SPECIAL EVENTS

**Summer Taco Party**  
**Thurs, August 21**  
**12pm - 2pm**  
**\$6**

Experience an afternoon of fun with lunch and entertainment here at our center in the multi-purpose room.



## SUPPER CLUB

Meet and eat with fellow seniors every 3rd Wednesday at 4pm!

**July 16: Bone Fish Grill**  
**6527 S Las Vegas Blvd**

**Aug 20 : Amore Chicago Pizza**  
**3945 S. Durango**

**Cost:** Free to join, pay for own meal.

## WALKING CLUB

Join us as we travel to parks around the Las Vegas Valley and enjoy the various scenery. \$1 to register per trip.

*Will Return in the*  
**FALL**



Schedule your no-cost 30 minute consultation with an attorney.

Free for 60+  
July 9 and August 13



## WORKSHOPS

**Tech Talk**  
**Wednesday, July 9**  
**10am-11am**

**Free-Sponsored by The Perl Path**  
Assistance with computers and/or cell phones.

**Seniors to the Rescue**  
**Wednesday, July 30**  
**10am-11:30 am**

**Free-Sponsored by Michael Naft**  
Join us for a fun filled time making animal blankets.



# Look what's in your backyard!

Go outside and enjoy some fresh air and a nice place to eat or chat.



*Foster for their Futures*  together better

While fostering teens may be temporary, the guidance you provide for their future will carry them through adulthood.

Become a foster parent or show your support as a Proud Partner of Clark County Foster Care.

[clarkcountyfostercare.com](http://clarkcountyfostercare.com)

**WHO CAN FOSTER?**  
AGES 21+ | RENTERS | HOMEOWNERS | WORKING | STAY-AT-HOME  
RETIRED | SINGLE | MARRIED | DIVORCED | LGBTQ

**GET STARTED TODAY!**  
Scan the code & sign up for an information session. When you decide that fostering is the right choice, you'll get fingerprinted and start your amazing journey to helping children!

 Become A Foster Parent

**West Flamingo Senior Center**  
6255 W. Flamingo Rd  
Las Vegas, NV 89103  
702-455-7742

**Hours of Operation**  
**Monday - Friday 8am - 5pm**

**Closed: July 4th**

**Break Week: June 30-July 4**

**Important Phone #'s:**  
**Emergency: 911**  
**Non-emergency: 311**  
**Senior Advocate: 702-455-7051**  
**West Flamingo Pool: 702-455-4192**

## **ONLINE REGISTRATION**

Online Registration can be found at:  
[www.ClarkCountyNV.Gov/  
ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)