



WEST FLAMINGO SENIOR CENTER

6255 W. Flamingo Rd, Las Vegas, NV 89103

togetherforbetter

(702) 455-7742 clarkcountynv.gov/parks

SESSION 4-Oct 6 - Dec 26

Register: online Sep 08, walk-in Sep 08

ARTS & CRAFTS

Day	Time	Room	Cost
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Beading Art

WED	1pm-3pm	3	\$4
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Knit & Crochet

WED	9am-1pm	3	\$10
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Open Crafts

MON	9am-3pm	3	\$10
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Open Sewing

TUES	9am-1:45pm	3	\$10
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DANCE

Day	Time	Room	Cost
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Asian Folk Dance

MON	2pm-4pm	1	\$6
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Body Rhythm

THU	1:30pm-3:15pm	MPR	\$8
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Chinese Classical Dance

TUES	1pm-4pm	1	\$8
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Chinese Folk Dance

WED	8am-9:45am	1	\$6
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Exercise Line Dance

FRI	11am-12:30pm	Ex	\$6
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Exercise Line Dance

FRI	12:30pm-2pm	Ex	\$6
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SESSION 1-Jan 5 - Mar 27

Register: online Dec 08, walk-in Dec 08

DANCE - (cont.)

Day	Time	Room	Cost
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Japanese Dance-Beg

MON	1:45-4:45 pm	EX	\$10
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Japanese Dance

THUR	1:45pm-4:45pm	Ex	\$10
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Korean Line Dance

MON	10:30am-12pm	Ex	\$6
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Korean Line Dance

WED	12pm-1:30pm	Ex	\$6
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Korean Traditional Dance

TUES	2pm-4:30pm	Ex &	\$16
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THUR	11:00am-2:30pm	1	
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Latin Dance

FRI	2:30pm-4:30pm	Ex	\$8
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Line Dance - Inter II

TUES	10:30am-12pm	1	\$6
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Line Dance - Inter/Adv

WED	10am-11:30am	1	\$6
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Line Dance - Inter/Adv

FRI	10am-11:30am	1	\$6
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Nationality Dance

MON	1:30pm-3:30pm	MPR	\$10
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GAMES

Participants can socialize while playing the following games.

Day	Time	Room	Cost
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Bridge

MON	10am-2pm	2	\$8
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Canasta

TU/FRI	11:30am-4pm	2	\$10
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Canasta - Learn to play

TUES	9:00 am-11am	\$2 -per visit	
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Cribbage

WED	9am-12pm	2	\$6
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Game Club

TH/FRI	9am-3pm	3	\$10
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Pinochle

FRI	8am-11am	2	\$6
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Poker Club

WED	1:30pm-3:30pm	1	\$8
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Scrabble

THUR	9am-4pm	2	\$8
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FITNESS

Day	Time	Room	Cost
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Chair Exercise - (6 weeks)

TU/THUR	11:45am-12:30pm	Ex	\$32
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Find Your Groove -Dance/Exercise

MON	12pm-1pm	Ex	\$8
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Low Impact - (6 weeks)

TU/THUR	10:30am-11:30am	Ex	\$37
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Tai Chi Practice

MON/FRI	12:15pm-1:15pm	MPR	\$8
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FITNESS - (cont.)

Participants will workout to their fitness level to the following classes offered at West Flamingo.

Day	Time	Room	Cost
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Yoga - (6 weeks)

MON/WED	9am-10:15am	Ex	\$34
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Yoga Strength & Stretch - (6 wks)

WED	10:30am-11:45am	Ex	\$21
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Yoga - Chair - (6 weeks)

WED	12:15pm-1:15pm	Rm 1	\$19
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SPECIAL INTEREST

Day	Time	Room	Cost
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Drum Circle

TUES	3pm-4pm	MPR	\$6
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THUR	12pm-1pm		
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Korean Song and Karaoke

FRI	1:00pm-2:30pm	1	\$6
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Learn Keyboard

FRI	2:30pm-4:00pm	1	\$6
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SPORTS

Day	Time	Room	Cost
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Pickle Ball

TUES	10:30am-2:30pm	MPR	\$8
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WED	1pm-4:30pm	MPR	\$8
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FRI	8am-11:45am	MPR	\$8
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(excluding BINGO days)

WII Bowling

THUR	9am-11am	MPR	\$8
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Chair Volleyball

FRI	2pm-3:30pm	MPR	\$6
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MONTHLY ACTIVITIES - Registration for Nov/Dec is Oct 22, 2025 at 9:00 am (7 west)

ALL ACTIVITIES SUBJECT TO CHANGE

Next brochure is out Dec 08 - Registration is Dec 17th for January/February (1 west)

FIELD TRIPS Join us for monthly excursions. Advanced registration is required via in person lottery system. Trips are non refundable. Additional fees may apply, cash for tickets due at time of registration. Please arrive at least 15 minutes before field trip departure time or you may lose your spot.

Breakfast Crew, Tues, Nov 04, \$2 Van, \$ Food/drinks - Pegs Glorified Ham N Eggs 8465 W Sahara Van leaves at 9:00 am and returns ~ 11:30 am.

Windmill Library - Titus Andronicus-Presented by Nevada Shakespear Festival, Fri, Nov 7, \$2 van, free event 7 pm-8:15 pm

Join Nevada Shakespeare Festival for a lightning quick retelling of a seldom done Shakespearean Slasher. It deals with themes of family, honor, misplaced loyalties and revenge. Van leaves at 6:15 pm and returns ~ 8:45 pm.

Michael Cavanaugh - South Point, Fri, Nov 14, \$2 Van, \$35 cash to register, \$ Food

Enjoy this musical tribute to Billy Joel and more. Arriving early to eat prior to the show. Van leaves at 4:45pm and returns ~ 9:00 pm.

Lunch Bunch, Tues, Nov 18, \$2 Van, \$ Food/drinks -Chino's Mexican Restaurant 4886 W Lone Mountain Rd Van leaves at 11:00 am and returns ~ 1:30 pm.

Pahrump Pow Wow, Sat, Nov 22, \$2 Van, Free event, \$ Food

26th Annual Pahrump Social Pow Wow - Experience this Native American tradition that brings together many different tribes displaying cultural celebrations through dancing, singing, socializing, crafts, arts and food. Bring a chair to enjoy the Grand Entry at Noon. Van leaves at 9:30 am and returns ~ 3:30 pm.

Wetlands, Tue, Nov 25, \$2 Van, Free Event \$ Food

Take in views of the Las Vegas Strip as well as the Spring Mountains, Sheep Mountains, and River Mountains while enjoying Southern Nevada's unique biological, cultural, and educational resource. This is a walking trip. Will eat lunch at Sam's Town after Wetlands. Van leaves at 9:10 am and returns ~ 2:30 pm.

Bellagio, Wed, Dec 03, \$2 Van, Free event, \$ Food

Visit the Bellagio Conservatory and Botanical Gardens as well as eat lunch. Van leaves at 10:30 am and returns ~2:30 pm.

Holly Jolly Caroling at West Charleston Library, Sun, Dec 07, \$2 Van, Free event 3 - 4 pm , \$ Food

Let your jingle bells rock, get in the holiday spirit and join us for an afternoon of festive Christmas carols presented by Vegas Voices, a local group of singers specializing in acappella singing. We will go to eat first at BJ's. Van leaves at 11:45 am and returns at 4:30 pm.

Breakfast Crew, Tues, Dec 09, \$2 Van, \$ Food/drinks - Butterface 6115 S. Ft Apache Rd Van leaves at 9:00 am and returns ~ 11:30 am.

Blitzen's Ball, Thur, Dec 11, \$2 Van, Free event,

Join Whitney Senior Center for fun and games, entertainment, and a free lunch. If you bring a new, unwrapped toy you will be entered into a raffle. Van leaves at 10:15 am and returns around 2:30 pm. **Registration begins October 27. Must register for our van trip AND the Blitzen's Ball under Whitney.**

Holiday on Broadway at West Charleston Library, Sat, Dec 13, \$2 Van, Free event 7 - 8 pm, \$ Food

Enjoy an ensemble of the Las Vegas Valley's top singers who will take you on a merry, fast-paced, 60-minute journey through some of the best seasonal songs found in Broadway show scores. Dinner at BJ's prior to the show. Van leaves at 4:00 pm and returns ~ 8:30 pm.

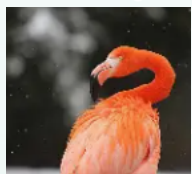
Lunch Bunch, Tues, Dec 16, \$2 Van, \$ Food/drinks - First Watch 2010 E Craig Van leaves at 11:00 am and returns at ~1:30 pm.

Enchant Las Vegas, Tues, Dec 16, \$2 Van, \$30 entrance fee, \$ snacks

New story, same sparkle. Enchant is back with dazzling light displays, festive treats, and joyful moments for all ages!Van leaves at 4:45pm and returns ~ 7:30pm

BINGO

Day	Time	Cost
Fri, Nov 14	10am-11:30am	\$3
Sponsored by: WellCare		
Fri, Dec 12	10am-11:30am	\$3
Sponsored by: Inhome Health Care		



SHREDDING/ELECTRONIC DISPOSAL

Tues, Dec 02

8 am - 12 pm

Drive thru our parking lot and drop off up to a 13 gallon bag or banker box of material to shred. We will also be taking old electronics such as computers/laptops, cell phones, etc. (No tube style TVs) **Sponsored by Commissioner Naft.**

CORN HOLE/HORSESHOE

Available to play outside in the courtyard, inquire at the front desk.

Cost: Free! - Leave your Driver's License to check out equipment.

FITNESS ROOM

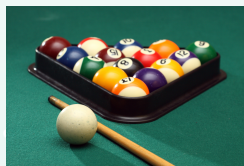


Monday - Friday 8am-5pm

One Day Pass - \$1

Yearly Pass - \$15

GAME ROOM



Monday - Friday 8am-5pm

One Day Pass - \$1

Yearly Pass - \$15



Schedule your no-cost 30 minute consultation with an attorney.

Free for 60+

November 12th

December 10th



Yarn donations needed please!



SPECIAL EVENTS

Sat, November 15

-YARD-SALE

\$10 per space

8am-Noon

Setup 6am

Giving Thanks-Mon, Nov 24

Come and "Shop" in our free pantry and get all the fixings for a

Thanksgiving meal. **Sponsored by Commissioner Naft.**

**Holiday Party
Thurs, Dec 18
12pm - 2 pm**

Enjoy a hearty lunch and listen to the musical entertainment of Rock' in Ron and sing along to the traditional holiday music and the oldies.

SUPPER CLUB

Meet and eat with fellow seniors every 3rd Wednesday at 4pm!

**Nov 19: Krazy Buffet
8095 W Sahara**

**Dec 17: Jackson's Bar and Grill
6020 W Flamingo**

Cost: Free to join, pay for own meal.

WALKING CLUB

Join us as we travel to parks around the Las Vegas Valley and enjoy the various scenery. \$1 to register per trip. Van leaves at 10:00 am.

Nov 7 - Pueblo Park

Nov 21 - Exploration Park

Dec 5 - Old Spanish Trail

Dec 19 - Fox Hill Park

WORKSHOPS

**Medicare 101 and Gut Health
Wednesday, Nov 5th**

10am-11am

Free-Sponsored by Family Comes First

Learn about Medicare and Gut Health and a 15 minute Magic Show!

CKO Kickboxing

Wednesday, Nov 12th

10am-11am

Free-Sponsored by CKO

Free beginning Kick boxing class

Paper Crafting-Free

Wednesday, November 19

10am-11:30am

Join the fun as we make paper crafts from the cricut machine!

**Gingerbread House Making Potluck
Wednesday, Dec 10th - Free**

10am-11:30am

Foam gingerbread house making. Wear your favorite Holiday jammies or shirt and bring your favorite Holiday dish or dessert to share. Enjoy the fun along with holiday music.

Look what's in your backyard!

Go outside and enjoy some fresh air and a nice place to eat or chat.



Foster for their Futures  together better

While fostering teens may be temporary, the guidance you provide for their future will carry them through adulthood.

Become a foster parent or show your support as a Proud Partner of Clark County Foster Care.

clarkcountyfostercare.com

WHO CAN FOSTER?
AGES 21+ | RENTERS | HOMEOWNERS | WORKING | STAY-AT-HOME
RETIRED | SINGLE | MARRIED | DIVORCED | LGBTQ

GET STARTED TODAY!
Scan the code & sign up for an information session. When you decide that fostering is the right choice, you'll get fingerprinted and start your amazing journey to helping children!

 Become A Foster Parent

West Flamingo Senior Center
6255 W. Flamingo Rd
Las Vegas, NV 89103
702-455-7742

Hours of Operation
Monday - Friday 8am - 5pm

Closed:
November 11, 27, & 28
December 25

Break Week: Dec 29 - Jan 2

Important Phone #'s:
Emergency: 911
Non-emergency: 311
Senior Advocate: 702-455-7051
West Flamingo Pool: 702-455-4192

ONLINE REGISTRATION

Online Registration can be found at:
[www.ClarkCountyNV.Gov/
ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)