WELCOME TO DISTRICT B Newsletter

April 2025 Edition

Welcome to District B!

Thank you so much for taking the time to stay engaged in the district. We hope that you enjoy learning about Clark County.

There is always so much going on in the district. No matter what your interests are there is something for you.

March has one final event that is FREE and you won't want to miss it. You can look forward to meeting the Combs family and having fun on the farm at the <u>Las Vegas Livestock Farm</u> on March 29th.

April is full of FREE events. We work hard in District B to provide plenty of **FREE** events for the whole family; from **Aviation Nation** to an **Easter Egg Hunt and Pancake Breakfast with the fire fighters at Station 20.**

In this issue, we hope that you will explore the resources from the **Southern Nevada Health District.** They offer a lot of great services for low cost or free, depending on your income.

The <u>**Clark County Fair**</u> is also just around the corner out in **Logandale**, and **Earth Day** is an opportunity to get outdoors.

Please let us know if there are any specific topics that you would like to hear about.

Marilyn

UPCOMING EVENTS

April

Aviation Nation (Nellis AFB) April 5 - 6 Clark County Fair (Logandale) April 9 - 13 Bob Price Pancake Breakfast & Easter Egg Hunt (Bob Price Park) Saturday, April 19

May

Free Cinco De Mayo Event Friday, May 2 Bob Price Park 2050 Bonnie Lane

Free Northwest Country Fest

Saturday, May 10 Lone Mt Equestrian and Trails Park 4445 N. Jensen St





Physical Activity

Gardening involves a variety of physical tasks such as digging, planting, weeding, and watering. These activities provide opportunities for cardiovascular exercise, strength training, and flexibility enhancement. Engaging in regular gardening sessions can help improve stamina, muscle tone, and overall physical fitness levels.

Stress Reduction

Gardening has been shown to have stressrelieving effects on the mind and body. The act of gardening can be meditative and therapeutic, providing a sense of calmness and relaxation. Immersing yourself in the sights, sounds, and scents of nature can help reduce stress levels, alleviate anxiety, and promote mental clarity and focus.



100 Million Gardeners Worldwide

Fact About Cabbage



It is rich in vitamin K, vitamin C, fiber, and antioxidants, making it beneficial for health.

N

Fresh Air and Sunshine

Spending time outdoors in your garden exposes you to fresh air and natural sunlight, which are essential for optimal health. Sunlight is a primary source of vitamin D, which plays a crucial role in bone health, immune function, and mood regulation. By soaking up some sunshine while tending to your plants, you can boost your vitamin D levels and enhance your overall well-being.

Nutritious Harvest

One of the greatest rewards of gardening is the ability to grow your own fruits, vegetables, and herbs. Homegrown produce is fresher, tastier, and more nutritious compared to storebought varieties. By incorporating a diverse range of fruits and vegetables from your garden into your diet, you can enjoy a wealth of vitamins, minerals, antioxidants, and phytonutrients that contribute to overall health and vitality.



40 Million Tons Fruits and Vegetables Produced

extension.unr.edu/healthy-eating

Extension College of Agriculture, Biotechnology & Natural Resources



April 5 & 6, 2025

For the latest information follow this link <u>https://aviationnationlv.com/</u>



Aviation Nation 2025 will proudly feature their hometown U.S.A.F. Thunderbirds as the headliner, showcasing the precision and professionalism of the United States Air Force.



April 9 - April 13

ENTERTAINMENT

BRINKS FUNNEL CA

Try Our

AKESA FUNNEL



RODEO

Fair Schedule 2025 Wednesday April 9th, 10 AM - 11 PM Thursday April 10th, 10 AM - 11 PM Friday April 11th, 10 AM - 11 PM Saturday April 12th, 10 AM - 11 PM Sunday April 13th, 10 AM - 9 PM



CARNIVAL

CLARK COUNTY SUMMER JOBS

REGUAI



<u>Clark County Parks and Recreation's Aquatics Program</u> is now recruiting individuals 15 years and older to work as lifeguards





MER



Important BACK TO SCHOOL

A NOTE ABOUT ME ...

I am the <u>SNHD</u>. I offer primary care for all, flu vaccines, shots for school, and sports physicals. I have clinics across the valley.

Order a Birth Certificate

The Southern Nevada Health District has birth certificates for Clark County births from 1973 to the present. Birth certificate requests can be done online, by mail or dropped off in office. Valid <u>photo identification</u> of the requestor and <u>proof of relationship</u>, if required, must be included with all applications. Incomplete applications will not be processed.



Contact us

Call us at (702) 759-1000

Immunization Records

For vaccinations received in Nevada — The <u>Nevada WeblZ Public Access Portal</u> allows parents and legal guardians to print official immunization records for their children through age 17. It also allows individuals 18 and older to print official immunization records for themselves.

To download immunization records, visit the <u>Nevada WeblZ Public Access Portal</u> or call 1-775-684-5954. If you are unable to access records from the portal, you can submit a completed Authorization to Disclose Patient Health information form in <u>English</u> or <u>Spanish</u>.

www.southernnevadahealthdistrict.org

snhdpublicinformation@snhd.org

Clark County Torrey Pines Resource Center 2900 N Torrey Pines Dr Please stop by center for more information



LVMPD Northwest Kiosk

Filing/Taking Incident Crime Reports only Filing Traffic Incident Reports (Insurance Purposes Only) **Hours of Operation**

Tuesday-Friday 8am-5pm

Center Ring Boxing 2



Helping kids find their purpose. Boxing lessons include: fundamental boxing, workout, and conditioning sessions, competitive boxing opportunities, and once-a-week mentoring sessions. Stop by the center for more information or call 702-875-6336.

Hours of Operation

Monday-Friday 5pm-7:30pm Saturday April 5th 12pm - April Fools Throwdown

UNR Extension



Weekly youth Nutrition programming. For more information on programs contact: Kylie Ansorge <u>kansorge@unr.edu</u>



Greater Youth Sports Summer Club Basketball Team

Starts April 29th to mid-July Ages: 2nd grade to 7th grade Practice: Thursday-Tuesday 5pm-9pm **Spring Cheerleading Showcase Event** Saturday, April 26th 10am-1pm



Gentleman by Choice

Youth mentorship offering tailored guidance in Leadership, Image, Finance, and Etiquette for unparalleled personal and community growth. For more information contact 702-969-8203 info@gentlemenbychoice.org

EARTH DAY TUESDAY, APRIL 22

What is this year's theme?

The theme for Earth Day 2025 is <u>OUR POWER, OUR PLANET</u>, inviting everyone around the globe to unite behind renewable energy, and triple the global generation of clean electricity by 2030. How? By joining us in <u>Earth Action Day</u>, encouraging all to take action – educate, advocate, and mobilize.

Make a difference

Attend a clean up Make a bird feeder Spend time in nature Plant a garden, flowers or a tree Attend an Earth Day event Run a race Visit and celebrate <u>National Park Week</u> April 19th- April 27th

Visit these locations

www.springspreserve.org www.thebestraces.com

Who takes part in it?

Over 192 countries participate in Earth Day activities every year, including Australia, Brazil, Canada, Denmark, France, Germany, Mexico, Japan, South Africa, and the USA.



HAPI	PY EARTH	DAY	
	TRIVIA		
1. What year was I	he first Earth Day?		
A. 1970	B. 1965 C. 1997	D. 1980	
2 Farth Day was n	artially inspired by prote	stors against what war?	Earth Day
	n B. Civil War C. Vietnam V		Earth
		war D. World War I	
3. Who founded Ea A. Richard	· · · · · · · · · · · · · · · · · · ·	Nelson D Barack	
Nixon	B. Gaylord C. I Nelson Ma	Nelson D. Barack ndela Obama	
4. How many peop	le attended the first Eart	h Day rally?	
A. 20,000	B. 500,000 C. 10,000	D. 1,000,000	
5. When did the Cl	ean Water Act pass?		
A. 1998	B. 1985 C. 2	2005 D. 1972	
6. Which greenhou	se gas is the biggest con	tributor to global warming	g?
A. Carbon Diox	de B. Methane C. P	Propane D. Nitrogen	
7. What percentag	e of plastic do we recycle	globally?	
A. 12%	B. 9% C. 22'	% D. 35%	
8. 70 percent of th	e earth is covered with?		
A. Grass	B. Water C. So	oil D. Bugs	
9. Whis the most o	ommonly littered item?		
A. Coffee cup	B. Plastic straw C. Ci	garettes D. Gum	
10. How many peo	ple celebrate Earth Day?		
A. 1 billion	B. 5 billion C. 10	million D. 80 million	
			Answers : A,C,B,A,D,A,B,B,C,A
	1point	2.00	nis
* * * *	SOMETHING GR	la de la companya de	E SYMBOL
EARTH DAY	RECYCLED ITEM	ILEN RECTCLE	
UAS	BIRD	СОМРО	ST PILE
	TREE	BICYCLE	
AVENGER HU	FLOWER ANIMAL FOOTP	ACORN RINT PUDDLE	
	3 points		



BUTTERFLY PINECONE RAINBOOTS SQUIRREL MUSHROOM A SEED

SPIDER WEB FEATHER **BIRD POOP** SNAIL **BIRD'S NEST** DEER



food recycling station



fun on the

Pet a pig

ACTIVITIES

FARN MARCH Las Vegas Livestock 29THFREE ENTRY

Las Vegas Livestock 13550 US Hwy 93 Las Vegas, Nevada 89165

rarm tour

PLEASE RSVP TO OUR FACEBOOK PAGE



touch a tractor

live music

NEVADA LEGISLATURE

The People's Branch of Government





Nevada Legislature Stay Engaged

The Legislature meets every other year and writes laws that may impact you. I like to say the Legislature writes policy regarding education, medication, and incarceration. Clark County has bills that may be important to you. Please feel free to let the legislature know how you feel through the <u>legislative opinion page</u>.

a. Ab 415 - This bill allows government to remove abandoned vehicles in the right of way and to dispose of them much quicker

b. Ab 211- This allows us to go after bad landlords and appoint someone to fix up the property

c. Ab 231 - Requires a service contract to impose certain duties on the provider of the service contract regarding Home Warranties

d. Ab 417- This requires a safety inspection on cars that are impounded because of trick driving.

https://www.leg.state.nv.us/assembly/members/whos-my-legislator/



Get to know

CLARK COUNTY

Flamingo Road was originally called Monson Road, and only existed east of Las Vegas Boulevard, with a nearby street, Dunes Road connecting Las Vegas Boulevard with <u>Interstate 15</u>. In the early 1980s, the <u>Nevada</u> <u>Department of Transportation</u> rebuilt the Dunes interchange at I-15, and constructed a six-lane Flamingo Road west to Rainbow Boulevard.

> Nevada has the right to consumptively use 300,000 acre-feet of water per year. An acrefoot is the amount of water that can cover an acre to a height of one foot and is equivalent to 325,851 gallons of water.

Tropicana Avenue was originally named Bond Road and changed in 1961.

Sahara was originally named San Francisco Street. It was changed to reflect the Sahara Hotel around 1962. <u>Hoover Dam</u>, one of the greatest <u>engineering</u> feats of the 20th century, is located on the border between Clark County and Arizona. It provides water and <u>hydroelectric power</u> to the region.

Paradise Palms is the **first and** only historic neighborhood in unincorporated Clark County. It is located along Desert Inn Road, between Maryland Parkway and Eastern Avenue, and consists of 216 mid-twentieth century modern homes

Public Works Completed 14,600 requests through the <u>SeeClickFixIt</u> <u>Clark County</u> program.

Clark County Real Property Management maintained 522 facilities. In 2024 Business Licensing received ·17,000+ business license applications.