

Senior Brochure

Cambridge Recreation Center
3930 Cambridge St.
Las Vegas NV. 89119
(702) 455-7169

Registration Information

January Registrations
December 20th @ 7:00 AM

February Registrations
January 31st @ 7:00 AM

Register at the front desk! Only the following month will be available.

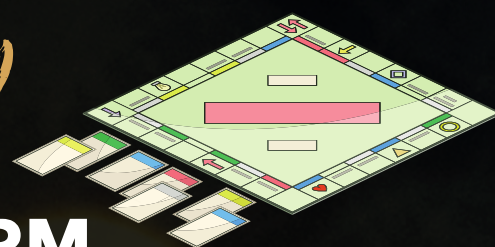
 **REGISTER NOW**



Pickleball
Mon. Wed. Fri.
9:00AM - 2:00PM

Game Day

Tues.
9:00AM - 12:00PM



Wii Bowling
Wed.

9:00AM - 12:00PM

Deaf Seniors

Thurs.
9:00AM



January

Red Rock Canyon Hike

THURS. 9th | 7:00 AM - 2:00 PM | \$3 Reg.

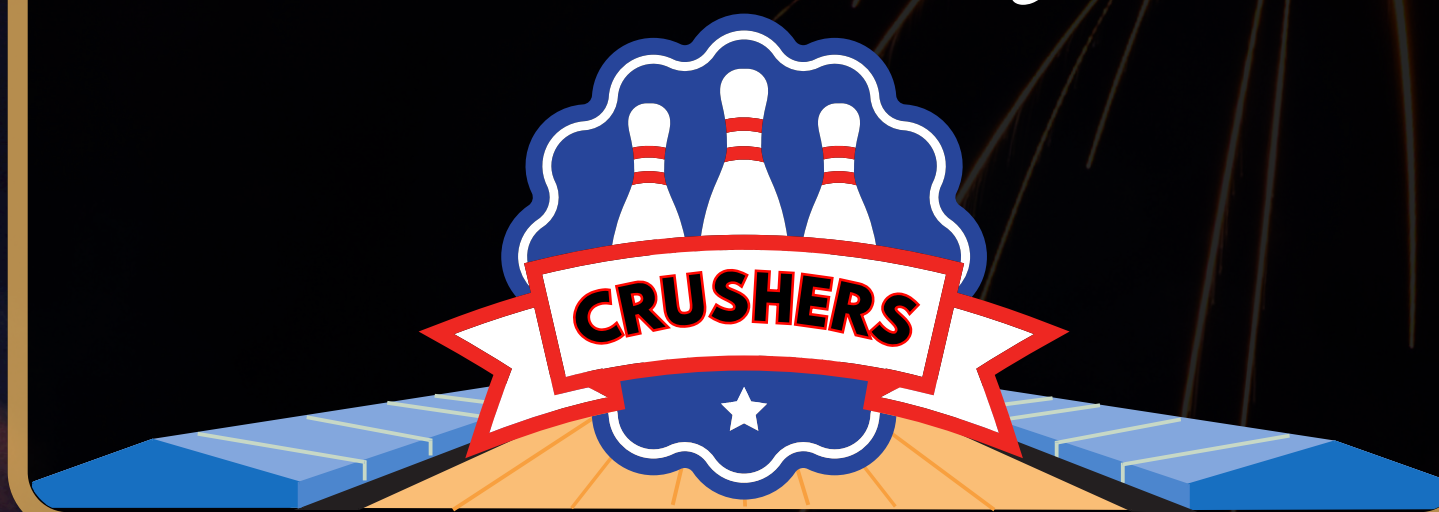
Start the New Year Right with a hike through beautiful Red Rock before it gets back up to 100 outside. We will first stop by the visitors center and then proceed to choose which hike fits our fancy! With a variety of over 20 different trails, there are endless options and difficulties we are able to explore. Snacks and Water will be provided!



Wii Bowling Challenge

WED. 15th | 8:30 AM - 3:00 PM | \$7 Reg.

With the Cambridge Crushers 1 (Jose, James, Gloria, & Celestina) finishing in second place at the 11th Annual Silver Pins event, they have all been invited to the Mountain Crest Top 10 Wii Bowling Challenge. The Cambridge Crushers are now given another chance to prove that they are the #1 Wii Bowling Team!



Blood Pressure Workshop

THURS. 16th | 9:00 AM - 11:00 AM | Free Reg.

Archwell Health will be providing a Blood Pressure Workshop for any and all seniors part of the Cambridge Community! If you have any questions or simply wish to learn more and improve upon your own health, this is the class for you!



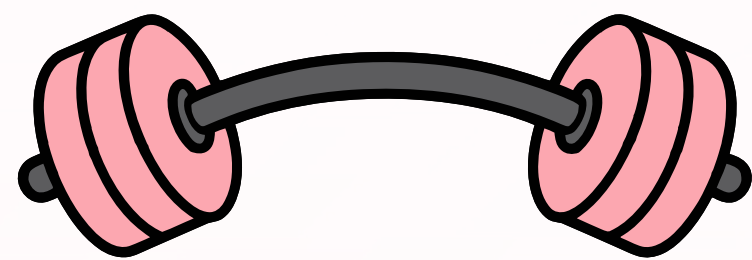
Lunar New Year Parade

WED. 29th | 5:00 PM - 8:00 PM | Free Reg.

Downtown Summerlin kicks off the Year of The Snake with the annual Lunar New Year parade! It is a festive celebration that includes traditional dragon and lion dances from The Lohan School of Shaolin, fan dancers, stilt walkers and more.



Fitness Membership



Discover a new level of wellness with our SENIOR GYM MEMBERSHIPS. Join us to embrace a healthier you!

Daily	\$1
Monthly	\$5
Annually	\$35



Breakfast Bingo



January

31st @ 10:00 AM | Friday

February

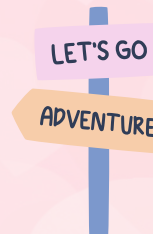
28th @ 10:00 AM | Friday

Mark your calendars for the last Friday of every month as we gather for a fun-filled bingo breakfast. Don't forget to bring a gift under \$10!

(Bring a gift -> Win a gift)

Field Trip & Workshops

Thank you to everyone who has been registering for our workshops and/or fieldtrips. If you have any recommendations, suggestions, and/or requests; we will be taking them on Bingo Breakfast days! We will do our best to add them on to our future senior brochures.



together for better

February

First Friday

Fri. 7th | 4:30 PM - 8:00 PM | \$2 Reg.

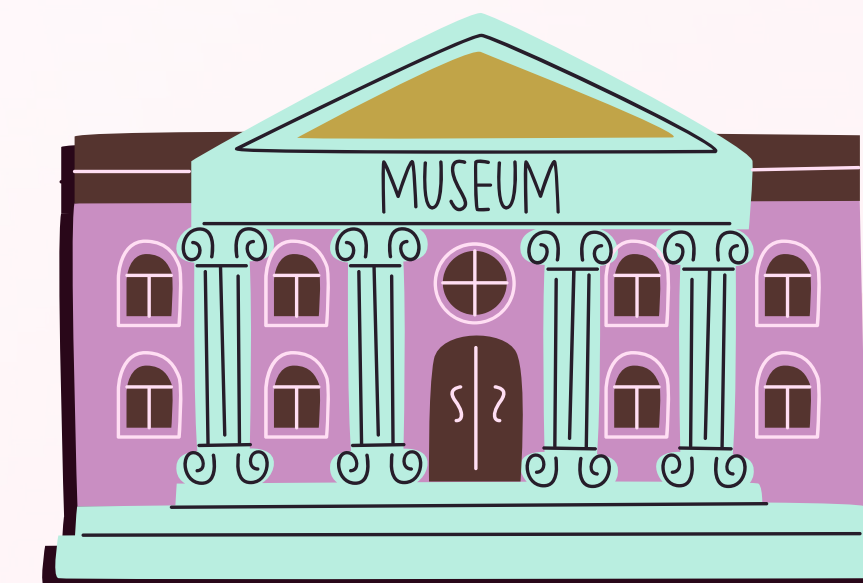
First Friday has been the cornerstone of establishing the Arts District in downtown Las Vegas. First Friday offers a wealth of activities and sights to behold: art galleries, antique and vintage shops, live music, local arts and crafts stalls, and the widest selection of food trucks that Las Vegas has to offer.



Mob Museum

Fri. 14th | 8:30 AM - 1:00 PM | \$2 Reg.

The Mob Museum in Las Vegas, Nevada offers free admission to locals on Valentine's Day as part of its annual anniversary celebration. The museum features interactive exhibits and tells the stories of real events and people in Mob history.



Centerwell Workshop

THURS. 20th | 9:00 AM - 11:00 AM | Free Reg.

Centerwell will be holding an introductory Ted Talk for all our seniors in the Cambridge community. Although they have supported past events, they truly wish to help and offer as many things that they can. They will breakdown everything they offer and are very open to any questions you may have!



Fantastik Indoor Swap Meet

THURS. 27th | 9:30 AM - 1:30 PM | Free Reg.

Fantastik is the Largest Indoor Swap Meet, that quiet possibly has everything you need and things you didn't even know you needed. Come take a trip with the Cambridge seniors and see the vast variety of food, furniture, jewelry, etc. at Fantastik!

