

## **INDIAN SPRINGS POOL**

400 Sky Rd., Indian Springs, NV (702) 879-3023

### **General Information**

#### **Admission Fees**

Youth (3-17 YRS.) \$1 Adult (18-54 YRS) \$2 Senior (55+ YRS) \$1

#### **Swim Passes**

Swim Passes can be purchased at any Clark County Community Center or Aquatic Center.

#### 90-Day Family Pass \$50

Includes up to 4 family members in the same household.

Additional members can be added for **\$10** each.

#### 90 Day Individual

Youth (3--17 YRS) \$20 Adult (18-54 YRS) \$30 Senior (55+ YRS) \$20

#### **Summer 2025 Pool Season Dates**

Saturday, May 24th - Sunday August 10th

### **Open Swim Hours**

 Monday - Thursday
 10:00am-2:00pm

 Friday
 CLOSED

 Saturday - Sunday
 10:00am-4:00pm

\*Please note that pool hours/days of operation are subject to change. Closure for inclement weather, special events, and unforeseeable events may occur.\*

# Class Registration Information

## Session 4 Registration

May 29th, 2025 @7:00 AM

#### **Session 4 Dates**

June 9th - June 27th

\*There will not be any classes during break week from June 30th - July 5th.\*

## Session 5 Registration

June 26th, 2025 @7:00 AM

#### **Session 5 Dates**

July 7th - July 25th

Register Online At: www.ClarkCountyNV.gov/ParksRegistration



# Youth Swimming Lessons - 3 Weeks

#### Water Introduction - 30 min.

**Recommended Age: 6 MO. - 3 YRS. Participant Ratio:** 1 instructor to 10 parent/guardian & student pairs

An adult MUST be in the water at all times during classes.

**Pool Location:** Family Pool (0 to 4 feet) **Class Goals:** To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together.

**Skills Included**: Safe water entry & exit, blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

**Skills Required to Pass:** 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

#### \*\*Children who require diapers must wear a swim diaper under their swimsuit\*\*

#### Water Introduction

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 Price

 M/W
 06/09 - 06/25
 07/07 - 07/23
 2:15 PM
 FREE\*

\*Registration is required



# Youth Swimming Lessons - 3 Weeks

#### Water Independence - 30 min.

Recommended Age: 3 YRS - 5 YRS
Participant Ratio: 1 instructor to 6

participants

**Pool Location:** Family Pool (0 to 4 feet) **Skills Required to Enter:**1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

**Class Goals:** To build basic water competency with minimal support.

**Skills Included:** Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

#### **Water Independence**

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 Price

 M/W
 06/09 - 06/25
 07/07 - 07/23
 3:15 PM
 FREE\*

 T/TH
 06/10 - 06/26
 07/08 - 07/24
 2:15 PM
 FREE\*

\*Registration is required



## **INDIAN SPRINGS POOL**

400 Sky Rd., Indian Springs, NV

togetherforbetter (702) 879-3023

Stroke Introduction - 45 min.

**Recommended Age: 6 YRS - 9 YRS Participant Ratio: 1** instructor to 6

students

**Pool Location:** Family Pool & Lap Pool (4

to 9 feet)

Skills Required to Enter: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support Class Goals: To refine freestyle, introduce backstroke, swim without any support, and build confidence entering the lap pool.

**Skills Included:** Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently

**Stroke Introduction** 

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 Price

 M/W
 06/09 - 06/25
 07/07 - 07/23
 2:15 PM
 \$30

**Stroke Progression - 45 min.** 

Recommended Age: 7 YRS - 12 YRS Participant Ratio: 1 instructor to 8

students

**Pool Location:** Lap Pool (7 to 9 feet) **Skills Required to Enter:** 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently

**Class Goals:** To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to introduce elementary backstroke and breaststroke.

**Skills Included:** Side breathing for freestyle to improve proficiency & endurance, refined backstroke, elementary backstroke, breaststroke, basic treading, and basic water safety skills.

Skills Required to Pass: 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

Stroke Progression

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 Price

 M/W
 06/09 - 06/25
 07/07 - 07/23
 3:15 PM
 \$30



Advanced Stroke Development - 45 min.

Recommended Age: 9 YRS - 12 YRS Participant Ratio: 1 instructor to 10

students

**Pool Location:** Lap Pool (7 to 9 feet) **Required Skills to Enter:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

**Class Goals:** To refine all basic swimming stokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

**Skills Included:** Refined elementary backstroke & breaststroke, introduce sidestroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

**Exit Skills Required:** 1) Tread for 1 minute 2) 5 strokes of butterfly 3) 25 yards of breaststroke 4) 25 yards of freestyle w/effective side breathing 5) 25 yards of backstroke 6) 25 yards of elementary backstroke

 Advanced Stroke Development

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 4
 5

 T/TH
 06/10 - 06/26
 07/08 - 07/24
 2:15 PM
 \$25
 \$30

## **Youth Programs - 6 Weeks**

Recreational Swim Team - 60 min.

This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice developing strokes and improve personal times and skills. Emphasis is on personal improvement.

**Skills Required to Enter:** 1) Swim 25 yards of freestyle with effective side breathing 2) Swim 25 yards of backstroke 3) Swim 25 yards of elementary backstroke 4) Swim 25 yards of breaststroke. 5) Swim 5 strokes of butterfly 6) Complete 1 minute of treading.

It is highly recommended that the participant complete Advanced Stroke Development before enrolling.

 Recreational Swim Team

 Day
 Dates
 Time
 Cost

 T/TH
 06/10 - 07/24
 3:15 PM
 \$55

There will not be class on Thursday, June 19th

#### Water Aerobics - 3 Weeks

#### Age: 13+ YRS - 60 Min.

Jump into our water aerobics classes and build cardiovascular fitness and strength. Our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Our water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water.

Participants should work at their own

Participants should work at their own pace and let the instructor know of any problems.

#### **Water Aerobics**

 Day
 Session 4 Dates
 Session 5 Dates
 Time
 4
 5

 M/W
 06/09 - 06/25
 07/07 - 07/23
 8:45 AM
 \$18
 \$30

 T/TH
 06/10 - 06/26
 07/08 - 07/24
 3:15 PM
 \$15
 \$30

There will not be class on Thursday, June 19th

50 yard swim
50 yard swim with guard tupe
Tread water for 1 minute (no hands)

10LB BRICK RETRIEVAL FROM THE



#### **Rental Information**

### **Private Facility Rentals**

## Private rentals take place outside of normal operating hours.

You and your guests will be the only group in the facility.

Community Rate - \$60/hour (2-hour minimum)

Includes 40 guests. \$15/for every additional 20 guests.

For more information and to book any rentals, please reach out to our main office at aquaticsprings@clarkcountynv.gov

Rentals should be scheduled a minimum of 3 weeks in advance to ensure staffing is available.



The Department of Parks &
Recreation is offering a free open
swim program to qualified children
and older students (with verification
of High School enrollment) and their
accompanying parent/guardian at
Clark County aquatic facilities during
the 2025 summer season. Children
under 8 years old must have a
parent/guardian to enter the facility.
Application forms and more
information are available by
emailing:

aquaticsprings@clarkcountynv.gov



